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Primacy of the EarTrumpet TechniqueJust Being at the PianoTed Greene:
Jazz Guitar Single Note Soloing, Volume 1TheLonious Monk Fake
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Music TherapyFree PlayThe Mastery of MusicMental ModelsThe Pat Metheny
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HuntersSecrets To Effortless Spiritual PracticeFundamentals of
GuitarZen GuitarThe Practice of PracticeThe Jazz Language: A Theory
Text for Jazz Composition and ImprovisationMusician's YogaJeffrey
BilhuberMindfulness in MusicThe Art of IsThe Pianist's Guide to
Historic ImprovisationFirst, Learn to PracticeThe Kenny Werner
CollectionThe Music LessonLessons from a Street-Wise
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Primacy of the Ear

Trumpet Technique

A resource for performers, teachers and students seeking to develop the highest level of skill. The author, a trumpet professor and performer, applies the latest developments in physiology, psychology, learning theory and psychomotor research to brass technique and performance.

Just Being at the Piano

This text presents all of the materials commonly used by the jazz musician in a logical order dictated both by complexity and need. The book is not intended to be either an arranging or improvisation text, but a pedagogical reference providing the information musicians need to pursue any activity they wish.

Ted Greene: Jazz Guitar Single Note Soloing, Volume 1

In those times when we want to acquire a new skill or face a formidable challenge we hope to overcome, what we need most are patience, focus, and discipline, traits that seem elusive or difficult to maintain. In this enticing and practical book, Thomas Sterner demonstrates how to learn skills for any aspect of life, from golfing to business to parenting, by learning to love the process. Early life is all about trial-and-error practice. If we had given up in the face of failure, repetition, and difficulty, we would never have learned to

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walk or tie our shoes. So why, as adults, do we often give up on a goal when at first we don't succeed? Modern life's technological speed, habitual multitasking, and promises of instant gratification don't help. But in his study of how we learn (prompted by his pursuit of disciplines such as music and golf), Sterner has found that we have also forgotten the principles of practice – the process of picking a goal and applying steady effort to reach it. The methods Sterner teaches show that practice done properly isn't drudgery on the way to mastery but a fulfilling process in and of itself, one that builds discipline and clarity. By focusing on "process, not product," you'll learn to live in each moment, where you'll find calmness and equanimity. This book will transform a sense of futility around learning something challenging into an attitude of pleasure and willingness.

Thelonious Monk Fake Book

". . . as gripping and readable as the album is unapologetically popular and danceable, this book will be gobbled up like a musicological mystery novel that incites and invites readers to listen again and rethink 'who-done-it' and how in the jazz history we thought we knew." ---Sherrie Tucker, author of *Swing Shift: "All-Girl" Bands of the 1940s* "Steven Pond produces his own 'fusion' with a seamless blend of ethnographic and historical research. This book will fascinate scholars and fans of jazz and popular music, as well as those interested in the emerging interdisciplinary field of sound studies, and in the broader relationship between genre and identity in contemporary music." ---David Brackett, author of *Interpreting Popular Music, and The Pop, Rock, and Soul Reader: Histories and Debates* "An important and timely book. Pond's work reflects the insight an informed researcher and skilled performer can bring to the study of music. In exploring varied dimensions—sonic, cultural, technological, economic—he renders the tale in all its complexity, without sacrificing clarity of expression. This is the kind of book jazz scholarship has long needed." ---Travis Jackson, Associate Professor of American Music, University of Chicago Steven Pond's *Head Hunters* captures a transitional moment in modern music history, a time when jazz and rock intermingled to create a new, often controversial, genre. At the forefront of that style was *Head Hunters*, Herbie Hancock's foray into the fusion jazz market. It was also the first jazz album to go platinum, and the best-selling jazz record of all time to that point. The album became a turning point for a radical shift in both the production and reception of jazz. The sales numbers were unprecedented, and the music industry quickly responded to the expanded market, with production and promotion budgets rising tenfold. Such a shift helped musicians pry open the control-booth door, permanently enlarging their role in production. But it was all at a cost. Critics, believing that rock and funk might be appropriating jazz to new musical ends—or more ominously, for commercial reasons—grew increasingly alarmed at what they saw as the beginning of the end

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of jazz.

Performance Strategies for Musicians

MUSIC PRACTICE: A GUIDE FOR ALL MUSICIANS LEARN ALL THE BEST PRACTICE TIPS, TRICKS, AND TECHNIQUES USED BY THE GREATEST MUSICIANS IN THE WORLD ALL FOR THE PRICE OF A COFFEE! Do you want to know and practice like the professionals do? Are you struggling with your playing? Having trouble getting motivate? Do you want to improve your playing and bring it to the next level? I decided to write this book because I was struggling with my own practice and playing and it took me many years to learn new strategies to get myself to where I wanted to be. Now I want to share these proven strategies with you. Some of them I discovered myself, but most of these I learned from professionals. If you're serious about playing, practicing, and improving your skills on your instrument, then this book is for you! Whether you are a beginner or professional, classically trained or not, this book contains proven strategies that can be applied by anybody. Why should you buy this book? This book is a compilation of the best practice tips and strategies from the best musicians in the world You will learn practice tips used by world class musicians ranging from pianists to violinists and trumpeters to clarinetists. This book contains over 80 tips for practicing everything from rhythm to intonation to challenging passages. You will learn how to practice effectively and efficiently What you will learn and discover How to set goals and the importance of setting goals what the experts do differently How to have an engaging practice session 10 Must-have practice habits 24 Ways to practice with the metronome various ways to practice intonation Different ways to practice performing 10 different ways to practice memorizing music Fast practice vs. slow practice Many more practice tips, tricks, and strategies Want to Know More? SCROLL BACK UP TO THE TOP AND CLICK THE BUY BUTTON! Tags: Piano, Violin, Viola, Cello, Basses, Flute, Clarinet, Bassoon, Oboe, French Horn, Trombone, Tuba, Trumpets, Guitar, Vocal Singers, Saxophone, Recorder, Organ, Euphonium, Harp, Percussion, Music Practice, Music Performance

Odd Time Reading Text

(Berklee Press). Become a better musician through yoga. By integrating yoga into your practice routines, you will develop a more focused and concentrated mind for performance. You will be able to increase awareness of how you use your body to allow for proper posture and ease of movement while performing, helping you to avoid overuse injuries and play with greater expression. These concepts, exercises, and practice routines present yoga from the musicians' perspective, focusing on the direct relationships between using yoga and creating music. You will learn to: * Practice meditation approaches, breathing techniques, and yoga postures that will help improve musicianship * Play using healthy posture and technique * Get more out of your practice through improved focus * Use your breath to improve your

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phrasing and also to ease performance anxiety * Play with deeper expression through inspiration.

Creative Music Therapy

30 Practical and applicable guidelines to think smarter, faster, and with expert insight (even if you aren't one). Mental models are like giving a treasure map to someone lost in the woods. They provide instant understanding, context, and most importantly, a path to the end destination. Now imagine having such a map for all problems and decisions in your life. Battle information overwhelm, focus on what really matters, and make complex decisions with speed and confidence. Mental Models: 30 Thinking Tools sheds light on true intelligence: it's not about knowledge and knowing the capitals of all the countries in the world. It's about how you think, and each mental model is a specific framework on how to think smart and with insight. You can approach the world by trying to analyze each piece of information separately, or you can learn mental models that do the work for you. Learn how billionaires/CEOs, Olympic athletes, and scientists think differently and avoid mistakes. Peter Hollins has studied psychology and peak human performance for over a dozen years and is a bestselling author. He has worked with a multitude of individuals to unlock their potential and path towards success. His writing draws on his academic, coaching, and research experience.

Free Play

A dean of American decorating offers his most important projects to date, revealing the foundations of his distinctive style. In his latest book, Jeffrey Bilhuber distills thirty years of expertise and creative inspiration designing beautiful and brilliantly modern rooms. Presenting a diverse range of Bilhuber's most recent and important work from around the country, this lavish volume is centered around forty signature statements—pithy and insightful bedrock principles and axioms that have fueled the designer's process, allowing the reader to glean the essence of his masterful approach to decorating. Bilhuber, in bright and rich prose, offers ideas and inspirations such as: "What surrounds us must bring us pleasure"; "Rooms should reveal themselves gradually like a glorious book," and "Rooms can be successful but still remain flat—that's when you add horsepower." Featuring projects from city townhouses to rambling country houses in New York City, Palm Beach, Aspen, San Francisco and Seattle, the decorator's optimistic and classically informed point of view encourages readers to embrace their own unique vision to create interiors that are as confident as they are contemporary.

The Mastery of Music

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Mental Models

A book that clearly explains the principles of jazz soloing. Logically organized, with hundreds of musical examples, this method is the result of many years of Ted's teaching and research.

The Pat Metheny Interviews

PIANO PLAYALONGS ARE AVAILABLE UPON REQUEST Send an e-mail to sharpeyeflute@gmail.com with the receipt of your purchase, and the private link will be provided in the next 3 business days. Unlock VOL. III Jazz Etudes are designed to provide detailed aspects for players to improve their musicality, technical agility, articulations, dynamics, rhythmic studies and sight-reading skills. There are 12 etudes based on swing, bebop, contemporary, funk, ballad, jazz waltz and odd-time signature styles. Each etude focuses on different techniques for enhancing the players' understanding of the note-chord relationship along with all of the other skills listed above. When working on these etudes, you should practice them slowly in the beginning and gradually raise the tempo as you become more comfortable with the etudes. Following this guideline will help you to retain what you're learning, depending your understanding of the etudes in the process. In addition to playing through the etudes, it is also recommended that you do a harmonic analysis of each etude to understand the melodic approaches used in each piece. Good luck with your studies, All the best Sarpay "SarpEye" Ozcagatay

Unlock

talent means almost nothing when it comes to getting better at anything, especially music. Practice is everything. This book covers essential practice strategies and mindsets you won't find in any other book. You'll learn the What, Why, When, Where, Who, and especially the How of great music practice. You'll learn what research tells us about practice, but more importantly, you'll learn how the best musicians in many genres of music think about practice, and you'll learn the strategies and techniques they use to improve. This book will help you get better faster, whether you play rock, Bach, or any other kind of music.

Life Lessons from the Horn

(Artist Books). The music of Thelonious Monk is among the most requested of any jazz composer, but accurate lead sheets and sources have never been widely available until now. This folio has 70 of the master composer/pianist's most familiar pieces, as well as a number of obscure and unrecorded tunes, in easy-to-read versions. Includes counterlines and ensemble parts for many pieces, as well as bass-lines and piano voicings where applicable. Also includes a biography, a

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glossary, and a definitive discography of the compositions in the book. Titles include: Ask Me Now * Bemsha Swing * Blue Monk * Blue Sphere * Boo Boo's Birthday * Bright Mississippi * Brilliant Corners * Bye-Ya * Crepuscule With Nellie * Criss Cross * 52nd Street Theme * Functional * Gallop's Gallop * Hackensack * I Mean You * In Walked Bud * Jackie-ing * Let's Cool One * Little Rootie Tootie * Misterioso * Monk's Mood * Nutty * Off Minor * Pannonica * Played Twice * Rhythm-a-ning * 'Round Midnight * Ruby, My Dear * Straight No Chaser * Thelonious * Well You Needn't * and 39 more.

Improvisation

Pat Metheny has not only revolutionised his instrument, the guitar, but also changed the face of jazz itself.

Giant Steps

Derek Bailey's IMPROVISATION, originally published in 1980, now revised with additional interviews and photographs, deals with the nature of improvisation in all its forms--Indian music, flamenco, baroque, organ music, rock, jazz, contemporary, and "free" music. Bailey offers a clear view of the breathtaking spectrum of possibilities inherent in improvisational practice.

Head Hunters

A MASTERFUL BOOK ABOUT BREATHING LIFE INTO ART AND ART INTO LIFE
"Stephen Nachmanovitch's The Art of Is is a philosophical meditation on living, living fully, living in the present. To the author, an improvisation is a co-creation that arises out of listening and mutual attentiveness, out of a universal bond of sharing that connects all humanity. It is a product of the nervous system, bigger than the brain and bigger than the body; it is a once-in-a-lifetime encounter, unprecedented and unrepeatable. Drawing from the wisdom of the ages, The Art of Is not only gives the reader an inside view of the states of mind that give rise to improvisation, it is also a celebration of the power of the human spirit, which - when exercised with love, immense patience, and discipline - is an antidote to hate." - Yo-Yo Ma, cellist

Secrets To Effortless Spiritual Practice

Music fills our lives. From TV commercials to the car radio, we rarely live one single day without hearing a song. But what if you could consciously use music to foster self-awareness, creativity, and, ultimately, deep healing of the body, mind, and spirit? Through her clinical practice and research, Dr. Louise Montello has discovered what she calls Essential Musical Intelligence - our innate ability to use music and sound to bypass the defenses of the conscious mind and

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move directly into the emotional/soul centers where true healing can occur. This groundbreaking book draws from the wisdom of Eastern philosophies and guides us through a systematic musical journey where we learn a series of clinically proven EMI exercises to balance and harmonize all five levels of consciousness - the body, breath/energy, mind, imagination/intellect, and the realm of bliss - leading to deep and lasting change. Essential Musical Intelligence is a powerful new system of self-healing which is deeply intuitive, creative, spiritually arousing, and fun.

Fundamentals of Guitar

This landmark book enlightens amateur and professional musicians about a way of practicing that transforms a sometimes frustrating, monotonous, and overly strenuous labor into an exhilarating and rewarding experience. Acclaimed pianist and teacher Madeline Bruser combines physiological and meditative principles to help musicians release physical and mental tension and unleash their innate musical talent. She offers practical techniques for cultivating free and natural movement, a keen enjoyment of sounds and sensations, a clear and relaxed mind, and an open heart and she explains how to Prepare the body and mind to practice with ease Understand the effect of posture on flexibility and expressiveness Make efficient use of the hands and arms Employ listening techniques to improve coordination Increase the range of color and dynamics by using less effort Cultivate rhythmic vitality Perform with confidence, warmth, and freedom Photographs show essential points of posture and movement for a variety of instruments.

Zen Guitar

My story -- Why do we play? -- Beyond limited goals -- Fear, the mind and the ego -- Fear-based practicing -- Teaching dysfunctions: fear-based teaching -- Hearing dysfunctions: fear-based listening -- Fear-based composing -- "The space"--"There are no wrong notes" -- Meditation #1 -- Effortless mastery -- Meditation #2 -- Affirmations -- The steps to change -- Step one -- Step two -- Step three -- Step four -- An afterthought -- I am great, I am a master -- Stretching the form -- The spiritual (reprise) -- One final meditation.

The Practice of Practice

In this sublime book The Supreme Master Ching Hai offers many helpful tips derived from Her personal experience that serve as practical and effective tools to assist us along the spiritual path. If we keep these guidelines in mind and apply them in our daily practice, we will gain tremendous help in our journey to Enlightenment and overcoming other worldly problems until we finally arrive safely Home.

The Jazz Language: A Theory Text for Jazz Composition and Improvisation

In this book, the legendary Joe Diorio takes you through John Coltrane's classic (and very challenging) improvisation vehicle "Giant Steps." This in-depth study includes 17 single-note solos, II-V patterns, substitution principles for both comping and soloing, and eight complete chord-melody solos utilizing a variety of harmonization techniques.

Musician's Yoga

The bestselling guide to improving musical performance The Inner Game of Music is the battle that all musicians have to fight against elusive opponents such as nervousness, self-doubt and fear of failure. Using the world-famous Inner Game principles, developed by bestselling author Timothy Gallwey, acclaimed musician Barry Green explains the basic principles of 'natural learning' and shows how you can apply them to reach a new level of musical application and performance. In precise, easy to understand language, Green and Gallwey explain how natural skills - such as awareness, trust and willpower - can be nurtured and enhanced. Through a series of tailored exercises The Inner Game of Music demonstrates the ways in which musicians can achieve exact intonations, artistic phrasing and improved technique. There are also chapters on ensemble playing, improvisation, composition and creativity, as well as listening skills - an essential part of the Inner Game. Following a methodology with a proven track record for generations of aspiring and professional musicians, The Inner Game of Music is invaluable to anyone seriously interested in music, and is guaranteed to deliver positive results whether you are a student, teacher, performer, or simply an appreciative listener.

Jeffrey Bilhuber

Unleash the song of your soul with Zen Guitar, a contemplative handbook that draws on ancient Eastern wisdom and applies it to music and performance. Each of us carries a song inside us, the song that makes us human. Zen Guitar provides the key to unlocking this song—a series of life lessons presented through the metaphor of music. Philip Sudo offers his own experiences with music to enable us to rediscover the harmony in each of our lives and open ourselves to Zen awareness uniquely suited to the Western Mind. Through fifty-eight lessons that provide focus and a guide, the reader is led through to Zen awareness. This harmony is further illuminated through quotes from sources ranging from Eric Clapton and Jimi Hendrix to Miles Davis. From those who have never strummed a guitar to the more experienced, Zen Guitar shows how the path of music offers fulfillment in all aspects of life—a winning idea and an instant classic.

Mindfulness in Music

Free Play is about the inner sources of spontaneous creation. It is about where art in the widest sense comes from. It is about why we create and what we learn when we do. It is about the flow of unhindered creative energy: the joy of making art in all its varied forms. Free Play is directed toward people in any field who want to contact, honor, and strengthen their own creative powers. It integrates material from a wide variety of sources among the arts, sciences, and spiritual traditions of humanity. Filled with unusual quotes, amusing and illuminating anecdotes, and original metaphors, it reveals how inspiration arises within us, how that inspiration may be blocked, derailed or obscured by certain unavoidable facts of life, and how finally it can be liberated - how we can be liberated - to speak or sing, write or paint, dance or play, with our own authentic voice. The whole enterprise of improvisation in life and art, of recovering free play and awakening creativity, is about being true to ourselves and our visions. It brings us into direct, active contact with boundless creative energies that we may not even know we had.

The Art of Is

"Peppered with intriguing exercises and motivational quotes" - BBC Music mag "Mark Tanner has written a mindfulness manifesto for music" - BBC Radio 3: Music Matters "Mindfulness in Music is both informative and thought-provoking - a fascinating read on many levels" - Julian Lloyd Webber Mindfulness in Music is a joyful exploration into the meditative nature of music and its holistic beauty. Mark Tanner reveals how composers and musicians have always embraced mindful connections, and how everyone can cherish the same life-affirming chords. Whether listening to a forest soundscape, playing trombone in a ska group or listening to Beethoven or Beyonce, he reveals the natural ecology to all forms of music, and the creative mindful instinct we share. Through unique meditations, personal reflections, and holistic notes, this astute author shines a spotlight on the humanity and spirituality in music.

The Pianist's Guide to Historic Improvisation

The Inner Game of Music, the breakout hit that became a standard primer in the music world, has taught thousands of musicians—professionals and amateurs alike—how to overcome self-consciousness and stage fright and to recapture a youthful, almost effortless capacity to learn. Now, in his follow-up book, The Mastery of Music, Barry Green turns his expert hand to the artistic qualities that make an extraordinary musician. Culling advice from dozens of interviews with legends including Joshua Bell, Dave Brubeck, Jeffrey Kahane, Bobby McFerrin, Christopher Parkening, Doc Severinsen, Frederica von Stade, the Harlem Boys Choir, and the Turtle Island

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String Quartet, he reveals that it's not enough to have a cerebral and emotional connection to the notes. Green shows how musical excellence, exhibited by true virtuosos, requires a mastery of ten unique qualities of the soul and the human spirit, such as confidence, passion, discipline, creativity, and relaxed concentration, and he discusses specific ways in which all musicians, composers, and conductors can take their skills to higher levels. He carefully incorporates all instruments and techniques in his rejuvenating discussions, inspiring the stifled student to have fun again and the over-rehearsed performer to rediscover the joy of passionate expression. Essential reading for every musician, *The Mastery of Music* strikes a beautiful new chord. From the Trade Paperback edition.

First, Learn to Practice

A long-awaited revision of the classic 1977 text that laid the foundations for the development of their pioneering improvisational practice of music therapy. It is a large book of nineteen chapters and over 500 pages with almost 5 hours of clinical work on four CDs that accompany the print book, or with the same audio files embedded in an enhanced e-book. Included are clinical examples of music therapy with twenty-four variously disabled children, 5 comprehensive case studies, detailed illustrations, notational examples and discussions of clinical and musical techniques, 3 evaluation scales, and a complete set of improvisation techniques.

The Kenny Werner Collection

From Grammy-winning musical icon and legendary bassist Victor L. Wooten comes *The Music Lesson*, the story of a struggling young musician who wanted music to be his life, and who wanted his life to be great. Then, from nowhere it seemed, a teacher arrived. Part musical genius, part philosopher, part eccentric wise man, the teacher would guide the young musician on a spiritual journey, and teach him that the gifts we get from music mirror those from life, and every movement, phrase, and chord has its own meaning. All you have to do is find the song inside.

The Music Lesson

(Artist Transcriptions). Kenny Werner started out as a concert pianist, then found his true calling was jazz. He got his first big break when Charles Mingus asked him to play on a record. Over 20 years later, he's still playing with today's top jazz artists. This folio features 10 of his signature arrangements transcribed note-for-note for piano: All the Things You Are * Autumn Leaves * Blue in Green * Ivoronic * Little Appetites * My Funny Valentine * Nardis * Stella by Starlight * There Will Never Be Another You * With a Song in My Heart. Includes a biography and discography.

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Lessons from a Street-Wise Professor

First, Learn to Practice is a book about how to practice a musical instrument - any musical instrument. It's suitable for all musicians - professional, amateur, student or beginner. Whether you play in a concert hall or your own basement, First, Learn to Practice can show you how to get the most pleasure, and the most progress, out of your practice time.

Essential Musical Intelligence

(Amadeus). In this groundbreaking book, prize-winning pianist and noted educator William Westney helps readers discover their own path to the natural, transcendent fulfillment of making music. Drawing on experience, psychological insight, and wisdom ancient and modern, Westney shows how to trust yourself and set your own musicality free. He offers healthy alternatives for lifelong learning and suggests significant change in the way music is taught. For example, playing a wrong note can be constructive, useful, even enlightening. The creator of the acclaimed Un-Master Class workshop also explores the special potential of group work, outlining the basics of his revelatory workshop that has transformed the music experience for participants the world over. Practicing, in Westney's view, is a lively, honest, adventurous, and spiritually rewarding enterprise, and it can (and should) meet with daily success, which empowers us to grow even more. Teachers, professionals, and students of any instrument will benefit from this unique guide, which brings artistic vitality, freedom, and confidence within everyone's reach.

The Inner Game of Music

How to overcome stage fright and performance anxiety and perform at your peak -using NLP and visualisation.

The Practicing Mind

Now a standard in music education literature, this in-depth study takes the fear out of playing in time signatures other than 4/4. In a methodical manner, this book aids in rounding out any player's rhythmic and reading vocabulary. Perfect for all musicians wanting to play odd times with ease.

The Musician's Way : A Guide to Practice, Performance, and Wellness

This book is designed to be useful for guitarists at any skill level. Beginners can use it as an introduction to the foundational concepts of the instrument, intermediate players can use it for training and theoretical work, and advanced players can explore the sections on

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advanced theory, extended technique and the exhaustive tables of melodic and rhythmic possibilities. It is divided into two parts: pitch and rhythm. Part 1 (pitch) begins with the properties of string, harmonics, and tuning systems. It then moves methodically through pitch information, beginning with locating all versions of a single pitch, building pentatonic, heptatonic, and all possible symmetrical scales. This is followed by a study of intervals, with all possible locations of every two pitches, and a long study that moves through every possible fingering of three pitches, with a series of exercises to master triadic syntax. Part 1 closes with a study of four-pitch structures and complete tables that show all possible pitch sets in circular visual notation. Part 2 (rhythm) begins with a complete course in "Symmetrical Picking," a method based on drum rudiments that builds control in the picking hand through an exhaustive variety of movements. The focus of this section is building a strong rhythmic foundation, with a focus on efficiency, accuracy, speed, dynamics, and groove. It is followed by a study of legato playing, working with ornaments and slides. The study of playing with fingers on multiple strings takes up the remainder of the book. This begins with the study of pulse against pulse, playing two simultaneous tempos. The book concludes with a study of polyrhythm, playing one rhythm against another. Plain English is used as much as possible to describe theoretical concepts, and hundreds of illustrations were made for the book as an aid to those who either don't speak English or prefer to think visually. This approach is designed to be inclusive and to promote creative practice. The main idea of the book is described in this passage (page 154): "Even in this small area there is a lot of material, potentially a lifetime of study. The amount of information can feel overwhelming to students at any level. For this reason, the book is designed for self-directed practice, with an emphasis on what the player "could" do, rather than what the player "should" do. The principle is to develop your own learning process, rather than following someone else's. The ability to make choices is essential in finding a personal approach to the instrument. Pick and choose the studies that seem interesting - there should be enough variety to accommodate a wide range of personalities. If any particular concept or exercise has been useful as the starting point for a new creative direction, then the book has done its job. Its purpose is not to push any dogma, method, or style, but to open the door to options for guitarists of any background that are looking for new perspectives.

Music Practice

In *The Musician's Way*, veteran performer and educator Gerald Klickstein combines the latest research with his 30 years of professional experience to provide aspiring musicians with a roadmap to artistic excellence. Part I, *Artful Practice*, describes strategies to interpret and memorize compositions, fuel motivation, collaborate, and more. Part II, *Fearless Performance*, lifts the lid on the hidden causes of nervousness and shows how musicians can become confident

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performers. Part III, Lifelong Creativity, surveys tactics to prevent music-related injuries and equips musicians to tap their own innate creativity. Written in a conversational style, *The Musician's Way* presents an inclusive system for all instrumentalists and vocalists to advance their musical abilities and succeed as performing artists.

The Listening Book

"This book is for pianists who wish to improvise. Many will be experienced performers - perhaps even veteran concert artists - who are nevertheless beginners at improvisation. This contradiction is a reflection of our educational system. Those who attend collegiate music schools spend nearly all time and effort on learning, perfecting, and reciting masterpieces from the standard repertoire. As far as I can remember, no one ever taught or advocated for improvisation during my decade as a student in music schools. Certainly no one ever improvised anything substantial in a concert (except for the jazz musicians, who were, I regret to say, a separate division and generally viewed with complete indifference by the classical community). Nor did any history professor mention that, long ago, improvisation was commonplace and indeed an indispensable skill for much of the daily activity of a working musician. I continue to dedicate a portion of my career to "perfecting and reciting" masterpieces of the repertoire, and teaching my students to do the same. That tradition is dear to me. Still, if I have one regret about my traditional education, it's that it wasn't traditional enough. We have forgotten that in the eighteenth century - those hundred years that form the bedrock of classical music - improvisation was a foundation of music training. Oddly, our discipline has discarded a practice that helped bring it into being. Perhaps it is time to retrieve it from the junk heap of history and give it a good dusting off. I love the legends of the improvisational powers of the masters: Bach creating elaborate fugues on the spot, or Beethoven humiliating Daniel Steibelt by riffing upon and thereby exposing the weakness of the latter's inferior tunes. The stories implied that these abilities were instances of inexplicable genius which we could admire in slack-jawed wonder but never emulate. But that isn't right. Bach could improvise fugues not because he was unique but because almost any properly-trained keyboard player in his day could. Even mediocre talents could improvise mediocre fugues. Bach was exceptionally good at something which pretty much everyone could do at a passable level. They could all do it because it was built into their musical thinking from the very beginning of their training"--

Effortless Mastery

Life Lessons from the Horn is collection of compelling essays revealing saxophonist Sam Newsome's unique insights as an artist, educator, and jazz musician of the 21st Century. Mr. Newsome, who teaches jazz studies at LIU Brooklyn, brings to each chapter, decades

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of experience as an important figure on the New York jazz scene as well as his numerous years as educator in the classroom. Mr. Newsome teamed up with acclaimed jazz writer Howard Mandel to turn what he describes as "rough cuts" from his blog, into "book-worthy" set of reads. Jazz writer Kevin Whitehead describes Life Lessons from the Horn as a book "that'll make you a better musician (and maybe even a better person)." If you are young musician serious about jazz, or if you're a seasoned professional looking for inspirational thoughts, this book has a little bit for everybody. "I wish that I had this book when I was much younger, as I'd probably be further along in my studies by now!" says Ethan Iverson, pianist and composer and writer of the blog Do the Math.

The Perfect Wrong Note

The Listening Book is about rediscovering the power of listening as an instrument of self-discovery and personal transformation. By exploring our capacity for listening to sounds and for making music, we can awaken and release our full creative powers. Mathieu offers suggestions and encouragement on many aspects of music-making, and provides playful exercises to help readers appreciate the connection between sound, music, and everyday life.

The Art of Practicing

The professional music world . . . it's tough out there! But, Lessons From a Street-Wise Professor encourages the reader to take his or her skills, talents and interests and put them into a package-You, Inc., and to develop an entrepreneurial mindset.

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