

Gamechanger The Baseball Parents Ultimate Guide

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Changing the Game: Fantastic Female Footballers

Two of golf's most revolutionary teachers share a personalized approach to accessing your peak performance. "The VISION54 approach is far more than just pure golf technique, it allows an individual to unlock their true potential by opening their mind and believing anything is possible to achieve." - David Leadbetter, David Leadbetter Golf Academy Pia Nilsson and Lynn Marriott are Complete Game Coaches, leaders of a new kind of golf instruction that focuses on

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more than just the grip, the stance, and the swing. Their VISION54 method targets the complete golfer-the whole person-not just the technical aspects of the game. Their coaching philosophy focuses on possibilities, not limitations, with an end goal of MY54-the idea that any golfer can reach their own personalized version of peak performance, scoring nothing but birdies on a par-72 course. Building on the core concepts introduced in Every Shot Must Have a Purpose and the strategic thinking in The Game Within the Game, Play Your Best Golf Now takes the mystery out of the soft skills of golf and shows golfers how to add these skills to their game for peak performance. Players learn to master the 8 Essential Playing Skills: 1. LEAVE YOUR MIND BEHIND and enter the Play Box 2. DECIDE AND COMMIT to your shots 3. FIND YOUR BALANCE both physically and mentally 4. FEEL YOUR TEMPO on the course and dance to its rhythm 5. TAME TENSION to improve your swing 6. BUILD EMOTIONAL RESILIENCE 7. STORE MEMORIES and learn from the past to make a better present 8. DROWN SELF-TALK IN USEFUL THOUGHTS And the 2 Essential Practice Skills: 1. SIMULATE GOLF on the practice range to maximize your time and effort 2. INTEGRATE SKILLS and practice with a plan These Essentials complement the technical anchors of the game-the grip, the stance, the swing-and give players a foundation for achieving their peak performance. MY54 is the vision, and these are the building blocks for achieving a higher level of play.

The Contract

An ALA Notable Book “This lovingly crafted picture book biography centers on the incredible

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bond between Venus and Serena Williams...An important selection for biography and sports collections.” —School Library Journal (starred review) “Will appeal to children and sports fans of all ages.” —Booklist (starred review) “Wife-and-husband team Cline-Ransome and Ransome celebrate tennis superstars Venus and Serena Williams, focusing on their formative childhoods and the way their preparation and talent fundamentally changed the game.” —The Horn Book (starred review) “Every page is splashed with vibrant color and eye-catching patterns, and the figures of the women themselves are full of energy, speed, and tension.” —Shelf Awareness (starred review) “A beautifully composed biography of the Williams sisters, Serena and Venus...This is one biography that will struggle to stay on the shelf.” —School Library Connection

Venus and Serena Williams are two of the greatest tennis players of all time. Some say they’re two of the greatest athletes of all time. Before they were world famous, they were little girls with big dreams. Venus and Serena Williams. Two peas in a pod. Best friends. Sisters. Six days a week they awoke before the sun came up to practice their serves and returns, to learn to run faster and hit harder. They were unstoppable. At age fourteen, Venus played her first professional match. Three years later, it was Serena’s turn. It wasn’t easy. Some tennis fans cheered for these two fresh faces, while those who were unhappy to see two black girls competing in a nearly all-white sport booed and taunted them. But they didn’t let it stop them. With vibrant mixed media art, nonfiction superstars Lesa Cline-Ransome and Coretta Scott King Honor winner James E. Ransome share the inspirational story of two tennis legends who were fierce competitors on the courts, but close sisters above all.

Baseball Dads

Men's Health magazine contains daily tips and articles on fitness, nutrition, relationships, sex, career and lifestyle.

Quantitative Hitting

The debut book in the Jeter Publishing imprint, *The Contract* is a middle grade baseball novel inspired by the youth of legendary sports icon and role model Derek Jeter. As a young boy, Derek Jeter dreams of being the shortstop for the New York Yankees. He even imagines himself in the World Series. So when Derek is chosen for the Little League Tigers, he hopes to play shortstop. But on the day of the assignments, Derek Starts at second base. Still, he tries his best while he wishes and dreams of that shortstop spot. And to help him stay focused on school, his parents make him a contract: keep up the grades or no baseball. Derek makes sure he always plays his best game—on and off the baseball field! Derek Jeter has played Major League Baseball for the New York Yankees for twenty seasons and is a five-time World Series Champion. He is a true legend in professional sports and a role model for young people both on the field and through his Turn 2 Foundation. Inspired by Derek Jeter's childhood, *The Contract* is the first book in Derek Jeter's middle grade baseball series, an important part of the Jeter Publishing program, which will encompass adult nonfiction titles, children's picture books, middle grade fiction, Ready-to-Read children's books, and children's nonfiction. For more about Jeter Publishing visit JeterPublishing.com.

Raising Your Game

Summary Deep Learning with Python introduces the field of deep learning using the Python language and the powerful Keras library. Written by Keras creator and Google AI researcher François Chollet, this book builds your understanding through intuitive explanations and practical examples. Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. About the Technology Machine learning has made remarkable progress in recent years. We went from near-unusable speech and image recognition, to near-human accuracy. We went from machines that couldn't beat a serious Go player, to defeating a world champion. Behind this progress is deep learning--a combination of engineering advances, best practices, and theory that enables a wealth of previously impossible smart applications. About the Book Deep Learning with Python introduces the field of deep learning using the Python language and the powerful Keras library. Written by Keras creator and Google AI researcher François Chollet, this book builds your understanding through intuitive explanations and practical examples. You'll explore challenging concepts and practice with applications in computer vision, natural-language processing, and generative models. By the time you finish, you'll have the knowledge and hands-on skills to apply deep learning in your own projects. What's Inside Deep learning from first principles Setting up your own deep-learning environment Image-classification models Deep learning for text and sequences Neural style transfer, text generation, and image generation About the Reader Readers need intermediate Python skills. No previous experience with Keras, TensorFlow, or machine learning is required. About the Author François Chollet works on deep learning at

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Google in Mountain View, CA. He is the creator of the Keras deep-learning library, as well as a contributor to the TensorFlow machine-learning framework. He also does deep-learning research, with a focus on computer vision and the application of machine learning to formal reasoning. His papers have been published at major conferences in the field, including the Conference on Computer Vision and Pattern Recognition (CVPR), the Conference and Workshop on Neural Information Processing Systems (NIPS), the International Conference on Learning Representations (ICLR), and others.

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Gabby Garcia's Ultimate Playbook

America's children are joining-and quitting-youth sports in record numbers. If kids can't find the fun in an activity, they may try to find the way out. If an adult can't find the right tools, they may not know the right words to say or the right actions to take. In "Raising Your Game," authors Ethan J. Skolnick and Dr. Andrea Corn present a guide adults can use to ensure the most enjoyable and enriching youth sports experience for a child. Through a combination of advice from more than 150 elite athletes and time-tested sports psychology concepts, Raising Your

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Game prompts parents to consider what really matters when it comes to their kids and sports. From LeBron James to Shannon Miller, Brandi Chastain to Jason Taylor, John Smoltz to Mary Joe Fernandez, Sanya Richards-Ross to Torii Hunter, athletes from across the sports spectrum discuss their setbacks and successes-what worked for them and what didn't. "Raising Your Game" discusses the types of guidance that can ignite inspiration and foster participation, practice, and progress, and which methods can create frustration and dejection. It shows the difference a supportive parent can make by showing up, showing interest and, at times, showing restraint.

Little Shaq

This inspiring memoir from a girl who learned to play baseball with the boys and rose to national stardom before beginning eighth grade will encourage young readers to reach for their dreams no matter the odds. Mo'ne's story is one of determination,

Epic Athletes: Stephen Curry

The start of a brand new series by Shaquille O'Neal and illustrated by 2014 Coretta Scott King/John Steptoe New Talent award winner Theodore Taylor III, Little Shaq is sure to be a hit with young readers. When Little Shaq and his cousin Barry accidentally break their favorite video game, they need to find a way to replace it. That's when Little Shaq's science project

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inspires a solution: a gardening business. They can water their neighbors' gardens to raise money for a new game! Little Shaq and Barry make a great team both on and off the basketball court, but will their business be as successful as they hoped? Showing kids that anything is possible with the support of friends and family, Little Shaq will inspire them to love reading, play fair, and have fun!

Game Changer

The modern day youth sports environment has taken the enjoyment out of athletics for our children. Currently, 70% of kids drop out of organized sports by the age of 13, which has given rise to a generation of overweight, unhealthy young adults. There is a solution. John O'Sullivan shares the secrets of the coaches and parents who have not only raised elite athletes, but have done so by creating an environment that promotes positive core values and teaches life lessons instead of focusing on wins and losses, scholarships, and professional aspirations. Changing the Game gives adults a new paradigm and a game plan for raising happy, high performing children, and provides a national call to action to return youth sports to our kids.

Mind of a Superior Hitter

What if school was sports, and sports were school? A talented teen athlete questions reality—and the role she plays in it—when a mysterious injury upends her world. Athletics are

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everything for eighth-grader KT Sutton. She's a softball star, and she's on track to get a college scholarship and achieve international fame. Then one day during a championship game—in the middle of an important play—she suddenly blacks out. When she wakes up, she's in a different world. One where school is class after class of athletic drills, and after-school sports are replaced by popular academic competitions. One where KT is despised for her talent, and where her parents are fixated on her brother's future mathletics career rather than KT's softball hopes. KT is desperate to get back to reality as she knew it, but bits and pieces of disturbing memories and dreams make her wonder if something truly awful happened there. What if she's lost something a lot more important than a softball game? From New York Times bestselling author of *Sent* and *Sabotaged*, an engaging and highly relevant exploration of society's debate of smarts versus sports.

Not Far From The Tree

Most fans don't know how far the Jewish presence in baseball extends beyond a few famous players such as Greenberg, Rosen, Koufax, Holtzman, Green, Ausmus, Youkilis, Braun, and Kinsler. In fact, that presence extends to the baseball commissioner Bud Selig, labor leaders Marvin Miller and Don Fehr, owners Jerry Reinsdorf and Stuart Sternberg, officials Theo Epstein and Mark Shapiro, sportswriters Murray Chass, Ross Newhan, Ira Berkow, and Roger Kahn, and even famous Jewish baseball fans like Alan Dershowitz and Barney Frank. The life stories of these and many others, on and off the field, have been compiled from nearly fifty in-depth interviews and arranged by decade in this edifying and entertaining work of oral and

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cultural history. In *American Jews and America's Game* each person talks about growing up Jewish and dealing with Jewish identity, assimilation, intermarriage, future viability, religious observance, anti-Semitism, and Israel. Each tells about being in the midst of the colorful pantheon of players who, over the past seventy-five years or more, have made baseball what it is. Their stories tell, as no previous book has, the history of the larger-than-life role of Jews in America's pastime.

Partnership for the Americas: Western Hemisphere Strategy and U.S. Southern Command

The perfect notebook/journal/diary for you, your family member or your friend! This unique and beautiful looking notebook is a great gift for anyone! The perfect way to: Take notes Celebrate your life Make your shopping list 'TO DO' things Reminders Goals and Habits This blank lined and personalized journal comes in a matte finish, with 108 pages of blank lines. It comes with a white interior and dark lines with personalization throughout.

Three-Ring Circus

Since its creation in 1963, United States Southern Command has been led by 30 senior officers representing all four of the armed forces. None has undertaken his leadership responsibilities with the cultural sensitivity and creativity demonstrated by Admiral Jim Stavridis

during his tenure in command. Breaking with tradition, Admiral Stavridis discarded the customary military model as he organized the Southern Command Headquarters. In its place he created an organization designed not to subdue adversaries, but instead to build durable and enduring partnerships with friends. His observation that it is the business of Southern Command to launch "ideas not missiles" into the command's area of responsibility gained strategic resonance throughout the Caribbean and Central and South America, and at the highest levels in Washington, DC.

CATCHING-101

From 1996 through 2004, Kobe Bryant and Shaquille O'Neal combined-- and collided-- to help bring the Lakers three straight championships and restore the franchise as a powerhouse. From public sniping and sparring, to physical altercations and the repeated threats of trade, it was warfare. The eight years of infighting and hostility were by turns mediated and encouraged by coach Phil Jackson. Pearlman shows how the Shaq-Kobe duo resulted in one of the most enduring, and ever-evolving, teams in NBA history. -- adapted from jacket

Men's Health

Freshman Dean Carter is the younger brother of campus hotshot Jack. Abandoned by their parents when there were young, Dean and Jack have a bond that most brothers only wish for.

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As Jack follows his dream of becoming a professional baseball player, he falls in love along the way with aspiring photographer Cassie Andrews. We see Jack get the girl, then lose the girl, and we follow his painful journey through it all via the eyes of his adoring younger brother Dean.

Game Changer

He's a game she never intended to play. And she's the game changer he never knew he needed. The Perfect Game tells the story of college juniors Cassie Andrews and Jack Carter. When Cassie meets rising baseball hopeful Jack, she is determined to steer clear of him and his typical cocky attitude. But Jack has other things on his mind like getting Cassie to give him the time of day. They are damaged, filled with mistrust and guarded before they find one another (and themselves) in this emotional journey about love and forgiveness. Strap yourselves in for a ride that will not only break your heart, but put it back together. Sometimes life gets ugly before it gets beautiful

Mo'Ne Davis

This book details four major discoveries, proved through data, that all who are involved with baseball need to know. It's time to ditch hitting "philosophies" and begin relying on mechanics supported by hard evidence - That is Quantitative Hitting. Whatever your role in baseball -

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player , coach, parent, organization, fantasy baseball enthusiast, or fan, you'll benefit from several very surprising findings of exactly how a small group of the game's best hitters are outperforming everyone else. Specific mechanical differences, proved through data, that all players can implement. The data shows that many conventional views on mechanics are not only ineffective but the exact opposite of what is required for superior performance. Quantitative Hitting offers a significant competitive advantage to all who are willing to objectively consider what is overwhelmingly revealed in the data. The author devotes a chapter to examining the swing path and angles of Joey Votto in Putting it All Together: The Swing Path and Angles that Make Joey Votto Different. Not only will you learn exactly how Joey Votto's swing path and angles differ from many other major league players, the mechanics behind his exceptional contact quality, and why he hardly ever hits a pop-up, but you will also learn how to implement these counter-consensus mechanics in your own game. The author examines several critical questions: What does the data say about hitting with backspin? Is it something hitters should strive for? Exactly how are the paths and angles different for the small group extremely high performing hitters? Why are the swing paths of the best hitters different for each pitch location? How does the data suggest the size of the hitting zone changes significantly based on pitch location? What is Implicit Loft and how is it the primary determinant of swing path? Why are many common training devices such as the typical baseball tee in conflict with the data? How should hitters go about selecting launch angle goals based on their individual style? The book also discusses the unbelievable turnaround of J.D. Martinez. If only it could have been predicted! Read about that and why the baseball "establishment" is missing turnaround opportunities at all levels of play. Quantitative Hitting not only ensures that

players get the most out of their given level of talent, but if implemented in a thoughtful and systematic way, the discoveries in Quantitative Hitting may indeed be the next Big Thing in baseball.

Soar

Mind of a Superior Hitter: The Art, Science, and Philosophy takes an in-depth look into the key aspects of becoming a great hitter from a psychological, emotional and strategic perspective. The book is designed to enhance the intelligence of hitters in both baseball and softball on a level that is unprecedented. It includes quotes and advice from some of the top hitting coaches in the world, former professional players and prominent minds that have contributed to today's leading hitting ideologies. Throughout, players and coaches are provided valuable information on what it takes to become a better all-around hitter. Hitters of all ages will learn how to: - MENTALLY DEAL WITH SLUMPS - DEVELOP IMPROVED FOCUSED IN THEIR TRAINING - BECOME A BETTER SITUATIONAL HITTER - CUSTOMIZE THEIR SWING TO FIT THEIR STRENGTHS - BE MORE CONFIDENT AND POSITIVE IN THEIR APPROACH Input from master teacher's of hitting such as: - Steve Springer, former professional player and hitting coach - C.J. Stewart, former professional player and private hitting coach for pro players - Laura Berg, 4-time All-American softball player, 4-time Olympian and Olympic Hall of Famer - Jacob Cruz, former MLB player and professional hitting instructor

Minimize Injury, Maximize Performance

Dear fans of Dork Diaries and Middle School: The Worst Years of My Life—meet your new favorite kid-next-door hero! Gabby Garcia an overly confident baseball-obsessed sport nut who's going to win your heart. If life were a baseball game, all-star pitcher Gabby Garcia would be having her Best. Season. EVER! Until she's suddenly sent to another school and her winning streak is about to disappear—both on and off the field. But Gabby never gives up! She has a PLAN to keep her champion status intact, and every step of is written out—PLAY by PLAY. How could it not work? This new series written by Iva-Marie Palmer is filled with funny illustrations, sports facts, and blooper-reel moments that will have readers laughing and rooting for more.

The Baseball Drill Book

#HTSP - How to Self-Publish

The Runs and Errors of a Baseball Mom's Life By: Annie Loney Annie Loney gives a peak of what it is like to be a Major League Baseball player's mother. This book is not only of interest to fans of baseball, but also to mothers. Loney shares her own problems and difficulties in life that has made her a stronger person. She also shares stories about her son and how he

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became a professional baseball player. This story is an example of strength and the struggles a person goes through to gain the happiness they deserve.

Game Changers

Father. Husband. Coach. Golfer. Successful landscaping company owner. Hero. Pothead. Vigilante. Murderer. Outlaw. Jedi. Meet Dwayne Devero. He's just like you and me, except he simply doesn't give a s**t any more. He's had enough. He's done with people living life wrong. You'll do it right, or he'll bury you under the bases at the ballpark where he coaches. It's just that simple. Tired of poor decisions being made all around him, from the politics of player positions on his son's little league baseball team to the philandering of his wife in his own bedroom, Dwayne decides that breaking is better than bending. What follows is a wild ride full of carnage and revenge, led by a man who will stop at absolutely nothing to bring honor back to his family, his community... and children's baseball. Baseball Dads is a pitch black comedy by author Matthew S. Hiley in which one man takes on the duty of bludgeoning honor back into a sometimes dishonorable world. Baseball Dads... Sex, drugs, murder, and children's baseball.

The Other Game

What if we told you that dishonesty in children is a positive trait that arguing in front of your kids

can make you a good role model and that if you praise your children you risk making them fail and it was all true? Using a cutting-edge combination of behavioural psychology and neuroscience, award-winning journalists Po Bronson and Ashley Merryman have produced an innovative, counter-intuitive read that will change the way we interact with our children forever. They demonstrate that for years our best intentions with children have been our worst ideas, using break-through scientific studies to prove that our instincts and received wisdom are all wrong. Nurtureshock is the Freakonomics of childhood and adolescence, exploring logic-defying insights into child development that have far-reaching relevance for us all.

The Perfect Game

Dr. Tommy John's unique program: a diet, lifestyle, and movement plan (Rethink. Rebuild. Replenish. Recover) for injury- and performance-proofing young athletes in every sport Beginning as early as age 6 and continuing through the teenage years and on into their twenties, both male and female athletes are more at risk of serious injuries at younger ages than ever before. Dr. Tommy John, son of lefty pitcher Tommy John and also a sports performance and healing specialist, offers an invaluable diet, lifestyle, and movement plan (Rethink. Rebuild. Replenish. Recover) for injury- and performance-proofing young athletes in every sport. Dr. John explores the sudden rise of Tommy John surgeries being performed on young athletes today, as well as the many injuries--and the surgeries required to fix them--increasing at an alarming rate in baseball and all youth sports. Dr. John's book outlines the three top causes behind this "injury epidemic": The American lifestyle, the business of

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youth sports (from coaches to corporations), and the decisions we believe as parents are truly benefiting our children. *Minimize Injury, Maximize Performance* focuses on prevention, and also offers tips on how to tailor the advice for athletes coming back from an injury, with over 120 black and white photographs.

The Softball Life

#HTSP – *How to Self-Publish* is a concise 93-page “how-to” book that can be used as a resource or “primer” by first-time self publishers and others interested in self publishing. Simmons shares the methodology he used for “*Not Far From The Tree*,” his successful self-published Memoir, and first book. In its first year, the book ranked in the “Top 1%” in sales (of over 8,000,000 books sold worldwide on Amazon.com) a total of 25 times and was in the “Top 10%” 104 times! “Thorough! That’s the word I would use to describe #HTSP. Simmons left no stone unturned with this one. Pretty much any question a first-time self-publisher could ask seems to have been addressed by this book. - Michael McCree, Amazon “Best Selling” self-published Author.

Nurtureshock

Thirteen-year-old Teddy Youngblood is in a coma fighting for his life after an unspecified football injury at training camp. His family and friends flock to his bedside to support his

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recovery--and to discuss the events leading up to the tragic accident. Was this an inevitable result of playing a violent sport, or was something more sinister happening on the field that day? Told in an innovative, multimedia format combining dialogue, texts, newspaper articles, transcripts, an online forum, and Teddy's inner thoughts, Game Changer explores the joyous thrills and terrifying risks of America's most popular sport.

The Mental Game Of Baseball

A progressive instruction manual, written by one of America's top pitching coaches, includes high-quality photo sequences and a 75-minute DVD that features topics ranging from techniques to conditioning to the psychological aspects of pitching, drills, exercises and personal insights from Johnson. Original.

Play Your Best Golf Now

The fire at the Triangle Waist Company in New York City, which claimed the lives of 146 young immigrant workers, is one of the worst disasters since the beginning of the Industrial Revolution, and the disaster, which brought attention to the labor movement in America, is part of the curriculum in classrooms throughout the country. Told from alternating points of view, this historical novel draws upon the experiences of three very different young women: Bella, who has just emigrated from Italy and doesn't speak a word of English; Yetta, a Russian

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immigrant and crusader for labor rights; and Jane, the daughter of a wealthy businessman. Bella and Yetta work together at the Triangle Shirtwaist Factory under terrible conditions--their pay is docked for even the slightest mistake, the bosses turn the clocks back so closing time is delayed, and they are locked into the factory all day, only to be frisked before they leave at night to make sure they haven't stolen any shirtwaists. When the situation worsens, Yetta leads the factory's effort to strike, and she meets Jane on the picket line. Jane, who feels trapped by the limits of her own sheltered existence, joins a group of high-society women who have taken an interest in the strike as a way of supporting women's suffrage. Through a series of twists and turns, the three girls become fast friends--and all of them are in the Triangle Shirtwaist Factory on March 25, 1911, the day of the fateful fire. In a novel that puts a human face on the tragedy, Margaret Peterson Haddix has created a sweeping, forceful tale that will have readers guessing until the last page who--if anyone--survives.

The Complete Guide to Pitching

"Bibliography found online at tonyrobbins.com/masterthegame"--Page [643].

The Runs and Errors of a Baseball Mom's Life

CATCHING-101: The Complete Guide for Baseball Catchers is the most comprehensive book ever written for baseball catchers. It contains tips, drills, and proper mechanics that will help

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every catcher or coach better understand the most difficult position on the field. This book contains information on EVERY aspect of catching that Coach Barksdale has learned through his years of experience from coaching nationally ranked NCAA teams, and playing at almost every level from Little League to professional baseball. A few of the topics covered in CATCHING-101 are: • Receiving • Blocking • Catching Pop Flies • Throwing • Fielding Bunts • Plays at Home Plate • Drills • Pitchouts • Pass Balls/Wild Pitches • Giving Signals • And More! If you have been searching for a source with lots of high quality information about catching, this is the book for you! CATCHING-101 was written by Coach Xan Barksdale who is currently an NCAA Division I baseball coach and an ex-professional baseball player. Coach Barksdale played in the Atlanta Braves organization and has been a featured speaker at the prestigious ABCA (American Baseball Coaches Association) national convention.

Uprising

"A timely, speculative thought experiment in perspective, privilege, and identity." —Kirkus "The conceit behind Shusterman's latest is truly unique. While it exhibits the author's usual storytelling aplomb, it also manages to delve into more serious and timely subject matter, such as racism, sexism, and homophobia. Despite these heavy topics, the story still moves at a lively pace and, thanks to a zany sci-fi twist, manages to pack in a few laughs as well." —Booklist All it takes is one hit on the football field, and suddenly Ash's life doesn't look quite the way he remembers it. Impossible though it seems, he's been hit into another dimension—and keeps on bouncing through worlds that are almost-but-not-really his own. The

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changes start small, but they quickly spiral out of control as Ash slides into universes where he has everything he's ever wanted, universes where society is stuck in the past...universes where he finds himself looking at life through entirely different eyes. And if he isn't careful, the world he's learning to see more clearly could blink out of existence... This high-concept novel from the National Book Award-winning and New York Times-bestselling author of the Arc of a Scythe series tackles the most urgent themes of our time, making this a must-buy for readers who are starting to ask big questions about their own role in the universe.

Deep Learning with Python

In *The Mental Game of Soccer*, mental conditioning expert Brian Cain takes you through the process of playing the game one touch at a time so that you give yourself the best chance for success on the field and in life. Cain works with top college and high school soccer coaches, players and programs on developing mental toughness and having a system to play their best when it means the most. In *The Mental Game of Soccer: Playing the Game One Touch at a Time* you will learn how to: Train your mental toughness just like you train your body to be a one-touch warrior. Establish and live program core values that create a championship culture. Compete one touch at a time, fully focused in the present moment. Focus on the process of becoming a champion, which results in championships. Moving from spending time at practice and in film to investing time so you get a return. Keep a positive and aggressive attitude in a game of adversity and failure. Take your preparation to the next level, both physically and mentally. Create routines for everything in soccer so you become a machine of

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consistency. Stay in control of your emotions so you can stay focused on what really matters. Choose your response in any adversity by developing response-ability. Use mental imagery for enhanced confidence and skill development. Stay inspired and motivated throughout the grind of the year-long soccer season. "I've been coaching soccer for over 20 years, and this is the best book I have ever read." Levi Teasley Head Soccer Coach Ellensburg High School "The Mental Game of Soccer gives you the complete system for playing the game one touch at a time. What Cain has done is simplify the process of exactly how to give yourself the best chance for success on the pitch and build true mental toughness. This book is a game changer." Dina Graves Head Soccer Coach The Woodlands High School 2010 Texas 5A State Champions

The Mental Game of Soccer

Originally published in hardcover in 2016 by Viking.

MONEY Master the Game

This book is not about magical baseball dust or another how-to-do-something book. Calculus baseball is a story about baseball things that give one baseball player an advantage over another baseball player. These baseball things are acquired by a player over a of ten to twelve-year period. The volume of these acquired baseball things determine the player's measure of

baseball presence (intelligence). This measure of baseball presence (intelligence) determines the likelihood a player will play baseball as a senior in high school, a freshman in college or as a professional. I wrote Calculus Baseball to help players, parents and coaches engineer their player's baseball outcome while amplifying their baseball advantage. Baseball likes to repackage this baseball advantage thing and brand it as baseball presence (intelligence), which is the player's volume of baseball things accumulated over the development period. Readers who embrace and practice the calculus baseball concepts will save time and money. They will gain an intellectual advantage and self-empowered confidence to ride out baseball's designed storms of adversity. The readers newly learned awareness to the calculus baseball outcome is a liberating experience. M.A. Stevens is a Data Scientist for a Fortune 500 company. He holds degrees in Chemistry and Biological Sciences, a master's degree in education, and a Black Belt in Lean Six Sigma methodology. M.A. spent sixteen years of his life as a youth, high school and college baseball player. He coached baseball for thirty years at the high school level, youth level, back to high school and then back to the youth level. M.A. has also mentored college and professional baseball players for many years. This diverse baseball experience has given him, a unique perspective and ability to interpret the pulse of the amateur game.

The Fenway Foul-Up

In Epic Athletes: Stephen Curry, acclaimed journalist and bestselling author Dan Wetzel tells the inspiring, electrifying story of the NBA superstar, beginning a new series of sports

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biographies for young readers! Featuring comic-style illustrations by Zeke Peña! When you think of Stephen Curry, one word comes to mind: greatness. From shooting three-pointers with laser precision to his clutch ability to hit buzzer-beaters time and again, he has established himself as one of the best players in pro basketball. But greatness was never a guarantee for Steph. The son of a talented NBA player, he dreamed of one day playing professionally just like his dad. Yet Steph, who was always smaller and weaker than the competition, was told over and over that he would never be talented enough to be a college star or NBA player--let alone the MVP of the entire league. Through tenacity and hard work, he proved them all wrong and went on to dismantle the record books. With the high energy of a TV commentator, and featuring dynamic comic-style illustrations, this engaging biography tells the story of an NBA All-Star and the path he took to achieve his dreams. * "Wetzel knows how to organize the facts and tell a good story. . . an unusually informative and enjoyable sports biography for young readers." —Booklist (starred review) A Junior Library Guild selection!

Game Changer

A groundbreaking exploration of how finding one's way later in life can be an advantage to long-term achievement and happiness. "What Yogi Berra observed about a baseball game--it ain't over till it's over--is true about life, and [Late Bloomers] is the ultimate proof of this. . . . It's a keeper."--Forbes We live in a society where kids and parents are obsessed with early achievement, from getting perfect scores on SATs to getting into Ivy League colleges to landing an amazing job at Google or Facebook--or even better, creating a start-up with the

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potential to be the next Google, Facebook or Uber. We see coders and entrepreneurs become millionaires or billionaires before age thirty, and feel we are failing if we are not one of them. Late bloomers, on the other hand, are under-valued--in popular culture, by educators and employers, and even unwittingly by parents. Yet the fact is, a lot of us--most of us--do not explode out of the gates in life. We have to discover our passions and talents and gifts. That was true for author Rich Karlgaard, who had a mediocre academic career at Stanford (which he got into by a fluke) and, after graduating, worked as a dishwasher and night watchman before finding the inner motivation and drive that ultimately led him to start up a high-tech magazine in Silicon Valley, and eventually to become the publisher of Forbes magazine. There is a scientific explanation for why so many of us bloom later in life. The executive function of our brains doesn't mature until age twenty-five, and later for some. In fact, our brain's capabilities peak at different ages. We actually experience multiple periods of blooming in our lives. Moreover, late bloomers enjoy hidden strengths because they take their time to discover their way in life--strengths coveted by many employers and partners--including curiosity, insight, compassion, resilience, and wisdom. Based on years of research, personal experience, interviews with neuroscientists, psychologists, and countless people at different stages of their careers, *Late Bloomers* reveals how and when we achieve our full potential. Praise for *Late Bloomers* "The underlying message that we should 'consider a kinder clock for human development' is a compelling one."--Financial Times "Late Bloomers spoke to me deeply as a parent of two millennials and as a coach to many new college grads (the children of my friends and associates). It's a bracing tonic for the anxiety they are swimming through, with a facts-based approach to help us all calm down."--Robin Wolaner, founder of Parenting

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magazine

Calculus Baseball

In this book, authors H.A. Dorfman and Karl Kuehl present their practical and proven strategy for developing the mental skills needed to achieve peak performance at every level of the game.

American Jews and America's Game

Offers 198 activities for baseball players' training. Covers drills for warm-up, throwing, catching, base running, hitting, pitching, and fielding.

Changing the Game

Cousins Mike and Kate are at Boston's Fenway Park when the Red Sox's star hitter discovers that his lucky baseball bat has been stolen.

Late Bloomers

How does a child raised by a single-parent African American Mother go on to graduate in the

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“Top 10%” of his college class, walk-on and play college basketball, become President of his IBM sales training class, close sales of \$1/2 million, \$1 million, and \$25 million in Paris, Brussels, and Hong Kong and self-publish a “Best Seller” book? Fueled by his Mom’s mantra, “You can do anything if you put your mind to it,” and other “seeds of knowledge” ingrained in him by her, Eric Otis Simmons went on to accomplish all of the above and more! In “Not Far From The Tree,” Simmons’ Memoir, he shares his life story through a series of smaller stories that range from shocking to calamitous to sorrowful to triumphing. Eric takes you through how he stumbled across a court document revealing his Dad’s surname was actually Bailey and how off guard that caught him. He jokes about the time his Grandmother caught him and his cousin peeing out of a window, and they both lived. Simmons also opens up about the tragic loss of his daughter and the frightening night his Mother was assaulted at gunpoint and his ensuing years-long anger. You’ll walk down the hall with him through the secret tunnel underneath Alabama’s State Capitol, where he meets Governor George Corley Wallace for the first time. All he could think about was the Governor’s infamous words, “Segregation now, segregation forever!” Eric’s insight into his remarkable career in Sales/Sales Management with Fortune 500 titans IBM, AT&T, GE, and MCI, reveals his strive for excellence centered around opening doors for other minorities. Throughout his Memoir, Simmons masterfully ties together his Mother’s teachings with how he utilized them to overcome seemingly insurmountable odds to achieve academic, athletic, and business success in Corporate America. “If you love inspiration, heartfelt stories, and laughter, this book is right up your alley.” - Michael McCree (Best Selling Author – “Mind of a Superior Hitter: The Art, Science, and Philosophy.” “It’s a must-read for young and old who were or are being raised by a single parent. I give it 5 stars

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and plan to purchase more for sharing.” - Linda F. Cunningham, MD “It’s a quick look into an accomplished man’s life that will leave you inspired to be bold and go after the things you want in life.” - Andrea Humpherys

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