

I Catch She Pitches Softball Lined Notebook Softball Logbook Journal Gift For A Softball Player Or A Softball Coach 120 Pages 6x9 Soft Cover

Softball RulesNAGWS Softball GuideThe WashingtonianSoftballSoftballBeginning SoftballThe AlcaldeI Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, Wide Ruled Paper (120 Pages, 6x9)Nirsa Slow Pitch Softball Rules Book & Umpires' ManualThe Complete Book of SoftballFast-Pitch Softball: Girls Rocking ItWinning Softball for GirlsWinning SoftballRace Drivers' WivesCoaching Youth SoftballFocused for FastpitchGolden gloryConnecticut Softball Legend Joan JoyceFundamental SoftballSoftball Skills & DrillsThe Woman's Softball BookI Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, Date Line Ruled Paper (120 Pages, 6x9)Softball, Track and Field Guide with Official RulesCoaching Fastpitch Softball SuccessfullySoftball For Girls & WomenThe Role of Communication in the Development of a High School Softball TeamI Pitch She Catches You Walk Back to the DugoutOfficial Softball-track and Field Guide with Official RulesA Basic Guide to SoftballI Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, Graph Paper (120 Pages, 6x9)Dr. Whacko's Guide to Slow-Pitch SoftballDynamic Physical Education for Elementary School ChildrenI Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, College Ruled Paper (120 Pages, 6x9)Fastpitch SoftballRookie Coaches Softball GuideInside Softball for WomenI Catch She PitchesSoftball, Track and Field Guide with Official Rules and StandardsDefensive Softball DrillsSoftball Guide, with Official Rules and Standards

Softball Rules

Offers techniques and strategies for softball coaching, using examples from the author's experiences

NAGWS Softball Guide

The ACC's first 50 years tells the story of the Atlantic Coast Conference from its inception until 2002. The story will show the people and the politics behind the creation of one of the nation's most successful collegiate sports leagues. The athletes and coaches who have been so successful weave a thread throughout the book, but so will the ongoing tension between academics and athletics that has been a part of this conference from the beginning. And the book will also take a look at the impact our society and its struggles have had on the conference and athletics, such as the integration of the 1960s and 1970s and the effect of the African-American athlete on college sports and the ACC

The Washingtonian

A comprehensive guide to softball for female players discusses equipment, basic skills, training, organization of a team, prevention of injuries, and offensive and defensive strategies

Softball

Softball

Introduces the history, equipment, skills, and strategies of softball.

Beginning Softball

The Alcalde

Provides an introduction to both slow- and fast-pitch softball, covering the history, basic skills, rules, equipment, and terminology of the sport.

I Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, Wide Ruled Paper (120 Pages, 6x9)

Offers information on the responsibilities of coaching, first aid skills, communication skills, and the tools necessary for doing an effective job coaching

Nirsa Slow Pitch Softball Rules Book & Umpires' Manual

Looking for the ultimate book to help you learn and master softball's essential skills? Look no further than the guide that has helped develop the game's top players and most successful teams. This new edition of Softball Skills & Drills is completely updated with more skills, more drills and strategies, and more of the stellar instruction that have made it the top-selling title on the sport. Judi Garman, one of the winningest coaches in NCAA history, teams with Cal State Fullerton's Michelle Gromacki to share their secrets to developing and mastering every aspect of the game. With step-by-step instruction, full-color photo sequences, technique tips, and unique insight into the game, you'll learn every fundamental skill: •Hitting •Bunting •Slap Hitting •Baserunning •Sliding •Fielding •Throwing •Pitching •Catching And with over 230 of the game's best drills, coverage of team offense and defense, pitch selection, pitch recognition, and in-game strategies, Softball Skills and Drills is simply the most comprehensive and practical guide on the sport. Whether striving to become a complete player or preparing your team for another championship run, Softball Skills & Drills is the one book you cannot be without.

The Complete Book of Softball

Fast-Pitch Softball: Girls Rocking It

This journal is a perfect gift for friends and family, male or female. Other features of this notebook are: - 120 pages - 6x9 inches - matte cover
This book is convenient for writing. It has the perfect size to carry anywhere for journaling and note taking.

Winning Softball for Girls

Joan Joyce will always be known as the unbeatable pitcher for the Raybestos Brakettes and the Connecticut Falcons, whose numerous career records--including an incredible 150 no-hitters and 50 perfect games--made her the best in the game. However, she was also one of the most gifted athletes the state has ever produced, as she also set records in basketball and later went on to a stellar career in the LPGA. A true pioneer of women's sports, Joan is currently the head softball coach at Florida Atlantic University. Join author Tony Renzoni as he profiles the multifaceted career of one of the country's greatest athletes.

Winning Softball

Whether you're a newcomer to the game or a league player looking to sharpen your skills and understanding, A Basic Guide to Softball will enhance your appreciation of the history of the sport and its rules and fundamentals. You'll learn the basic skills and strategies needed for each position, find out how to choose and care for your equipment, and meet the members of the Olympic Gold Medal-winning USA Softball Team. Special features include: Results of the 2000 Olympic Games in Sydney, Australia; profiles of US Women's Softball Team members; history of Softball in the Olympic Games; rules for Fast Pitch, Modified Pitch, Slow Pitch, and 16-Inch Slow Pitch; practical advice about health and fitness; guidelines for players, parents, fans, and volunteers

Race Drivers' Wives

Coaching Youth Softball

Focused for Fastpitch

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Golden glory

Get this amazing notebook to write down all notes or create a logbook. Use it as workbook for personal notes or at your job or in the office. Gift this wonderful notebook to someone who works in this area or who's got this hobby and make him/her happy with this great idea. Great for anyone no matter if it's for the office, as sports log or to take sketches and to log his progress or just to take any other notes. 120 pages cover style: glossy Search Our Author Name to find more variants and different interiors.

Connecticut Softball Legend Joan Joyce

Whether you coach your daughter's softball club or play with your friends after work, "Softball: Fast- and Slow-Pitch" will help you help your team make the most of its practice time. Including information on team warm-ups, position-specific drills, and equipment selection, this book covers the sport from the top of the first to the bottom of the seventh. "Mario and Gerry have parlayed their playing, coaching, and officiating knowledge into a very easy-to-read book for players of all ages. The combination of slow-pitch and fast-pitch techniques, usually as compatible as oil and water, makes this book truly unique. I recommend it to veterans and rookies alike." -- Frank Benjamin Sportscaster, Curt Gowdy Broadcasting "Ideal for coaches and players who want to learn the basic skills and techniques of the game." -- Don E. Porter Executive Director, Amateur Softball Association

Fundamental Softball

Are you looking gifts for Softball/Softball Player?Then This is the perfect Lined Journal gifts for Softball/Baseball Player. This Lined journal makes a great motivational and inspirational.The Book Contains: Sized at 6x9. Professionally printed on high quality interior stock with white interior pages.

Softball Skills & Drills

Uses imaginary stories about the Mouth Breathers, a softball team, to explain the fundamentals of hitting, pitching, playing the field, and baseball strategy

The Woman's Softball Book

Reviews rules, recommends conditioning exercises, discusses positions, and explains offensive and defensive strategies.

I Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, Date Line Ruled Paper (120 Pages, 6x9)

Maximize your softball abilities with Focused for Fastpitch! This collection of 80 drills combines fastpitch-specific drills with mental training, ensuring peak performance come game time. Focused for Fastpitch provides the tools to sharpen concentration at the plate, stay more alert in the field and on the base paths, and shut out distractions in the circle. Use it to establish a winning mental game for championship-level performance.

Softball, Track and Field Guide with Official Rules

Coaching Fastpitch Softball Successfully

Improve your play at the plate, on the base paths, and in the field by mastering the essentials of the game. Softball: Steps to Success offers a comprehensive, progressive approach that combines in-depth instruction, crisp illustrations, and 127 drills. Any player can become fundamentally sound and be ready to take the field. You'll find detailed instruction on every individual skill necessary for success in the game: catching, throwing, fielding, pitching, hitting, and baserunning. This updated edition also includes these features: -Responsibilities of each position on the field and every batter in the lineup -Offensive and defensive tactics for specific game situations -Emphasis on the short game, covering five types of bunts and the running slap hit -An expanded section on pitching that includes seven types of pitches for modified-pitch, slow-pitch, and fastpitch games -Skill-development drills with assessment scoring systems to gauge progress along the way Hits, runs, putouts, and double plays are at your fingertips. With Softball: Steps to Success, part of the popular Steps to Success Series that has sold more than 1.5 million copies, your performance on the diamond will shine.

Softball For Girls & Women

The Role of Communication in the Development of a High School Softball Team

Get this amazing notebook to write down all notes or create a logbook. Use it as workbook for personal notes or at your job or in the office. Gift this wonderful notebook to someone who works in this area or who's got this hobby and make him/her happy with this great idea. Great for anyone no matter if it's for the office, as sports log or to take sketches and to log his progress or just to take any other notes. 120 pages cover style: glossy Search Our Author Name to find more variants and different interiors.

I Pitch She Catches You Walk Back to the Dugout

Official Softball-track and Field Guide with Official Rules

"The Windmill Pitcher is the most comprehensive book on fastpitch pitching that I have read. It is an excellent reference for both coaches and pitchers." -- Ernie Parker, world-renowned pitching coach "I now have a comprehensive reference book to offer the people who contact me about pitching. The chapter on increasing ball speed is outstanding. There was an incredible need for this book and I thank Barry for writing it." -- Sherry Werner, PhD, lead researcher, International Olympic Committee's Submission on Biomechanics and Physiology "One of the most comprehensive fastpitch instructional books on the market today. A must addition for any coach's library." -- Art Certosimo, DuPage County, Illinois Barry Simmons has been a pitcher in men's fastpitch softball leagues at all levels for 35 years. Also a student of art and design, Sammons used his knowledge to develop many of the illustrations used in the book. He is an attorney for the Milwaukee, Wisconsin firm of Quarles & Brady.

A Basic Guide to Softball

I Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, Graph Paper (120 Pages, 6x9)

As the magazine of the Texas Exes, The Alcalde has united alumni and friends of The University of Texas at Austin for nearly 100 years. The Alcalde serves as an intellectual crossroads where UT's luminaries - artists, engineers, executives, musicians, attorneys, journalists, lawmakers, and professors among them - meet bimonthly to exchange ideas. Its pages also offer a place for Texas Exes to swap stories and share memories of Austin and their alma mater. The magazine's unique name is Spanish for "mayor" or "chief magistrate"; the nickname of the governor who signed UT into existence was "The Old Alcalde."

Dr. Whacko's Guide to Slow-Pitch Softball

Dynamic Physical Education for Elementary School Children

The first softball game was played in 1887, and while it didn't even include a ball, this sport has been gaining in popularity ever since. This

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instructive book teaches readers the basics of the fast-pitch game, including the differences between it and slow-pitch ball. Readers will learn all about rules, equipment, field positions, and more. Handy tips will help players play their best game. Featured players in fast-pitch offer insights for anyone, whether they just want to read about the game or are eager to get out on the field and into the game.

I Pitch She Catches: Notebook & Journal Or Diary for Softball Enthusiasts & Athletes, College Ruled Paper (120 Pages, 6x9)

Coaching Youth Softball is a great tool for youth softball coaches and parents working with 6- to 14-year-old athletes. It describes in detail how to teach kids important softball skills and strategies at a level that's just right for them. This valuable resource contains 29 drills and 95 illustrations, including 22 defensive position diagrams. Coaching Youth Softball shows you techniques for teaching fundamental softball skills step-by-step - what to teach and how to teach it. The book also addresses the similarities and differences between fast- and slow-pitch softball.

Fastpitch Softball

Meyer offers tips on batting, baserunning, and stealing techniques. Coaching information includes how to coach bases, run practices, and evaluate players' performance.

Rookie Coaches Softball Guide

Inside Softball for Women

SUMMARY: Covers review and history of physical education; reasons why physical activity is important for children's growth and development; principles for effective teaching of motor skills based on biomechanics and development; curriculum development; graded physical skills; stunts and tumbling; sports and track and field athletics training.

I Catch She Pitches

Get this amazing notebook to write down all notes or create a logbook. Use it as workbook for personal notes or at your job or in the office. Gift this wonderful notebook to someone who works in this area or who's got this hobby and make him/her happy with this great idea. Great for anyone no matter if it's for the office, as sports log or to take sketches and to log his progress or just to take any other notes. 120 pages cover style: glossy Search Our Author Name to find more variants and different interiors.

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Softball, Track and Field Guide with Official Rules and Standards

66 drills for improved individual and team fielding.

Defensive Softball Drills

Softball Guide, with Official Rules and Standards

Get this amazing notebook to write down all notes or create a logbook. Use it as workbook for personal notes or at your job or in the office. Gift this wonderful notebook to someone who works in this area or who's got this hobby and make him/her happy with this great idea. Great for anyone no matter if it's for the office, as sports log or to take sketches and to log his progress or just to take any other notes. 120 pages cover style: glossy Search Our Author Name to find more variants and different interiors.

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