

Spiritual Midwifery

Patient Centered Medicine
Midwife for Souls
Reading Birth and Death
The Birth Book
Birth Matters
Witches, Midwives & Nurses
Motherhood, Spirituality and Culture
The Art of Spiritual Midwifery
Selected Topics in Midwifery Care
Maye's Midwifery
Sexology in Midwifery
Ina May's Guide to Breastfeeding
Birthing from Within
A Book for Midwives
The Art of Spiritual Midwifery
Manhood in the Age of Aquarius
Spirituality and Childbirth
Diary of a Midwife
Birth Matters
Delivered by Midwives
Spiritual Midwifery
The Soul Midwives' Handbook
A Guide to Midwifery
A Midwife in Amish Country
The Thinking Woman's Guide to a Better Birth
Colonial Modernities
Spiritual Midwifery
Ina May's Guide to Childbirth
Myles Textbook for Midwives
Coming Home
The Secret Midwife
A Book for Midwives
Spirituality in Healthcare
Birth Territory and Midwifery
Guardianship
The Archaeology of Mothering
Coming Home
Care in Nursing
Sacred Pregnancy
Listen to Me Good
Give Birth Like a Feminist: Your Body. Your Baby. Your Choices

Patient Centered Medicine

"This classic work on the spirituality of caring for the dying is now expanded with moving stories and lessons gleaned from the author's experience as a hospice nurse. Caregivers, friends, and family members often feel unsure of what to say or do as they care for the terminally ill. Midwife for Souls provides insight, showing how the support of one's Catholic faith and the power of prayer can guide one in ministering to a dying person. Written in a style that is poetic and beautiful, practical and credible, this book is essential reading for anyone who accompanies others to the edge of life?and helps in their birthing to eternal life"--Page 4 of cover.

Midwife for Souls

Care in Nursing addresses the fundamental caring principles, values, and skills nurses require to provide sound care to their patients and to meet the challenges of nursing in the future. Exploring essential knowledge and competencies, the authors explore research, evidence and real life practice before outlining practical skills which will empower nurses to deliver quality care. Written by nurses and health professionals from both practice and academia, Care in Nursing explores how care underpins every element of nursing including: patient centred care, cultural diversity, sociology, psychology, communication, partnership working, law and ethics, management and leadership, and more. A specific chapter also addresses how nurses can develop self-care techniques to meet the pressures and demands of a challenging yet ultimately rewarding career. Relevant to nurses in all fields and a diverse range of clinical and non-clinical settings, this is essential reading for nursing students, qualified nurses, mentors, nursing academics as well as nurse managers and leaders.

Reading Birth and Death

Patient-centered medicine is not an illness-centered, a physician-centered, or a hospital-centered medicine approach. In this book, it is aimed at presenting an approach to patient-centered medicine from the beginning of life to the end of life. As indicated by W. Osler, "It is much more important to know what sort of a patient has a disease than what sort of a disease a patient has." In our day, if the physicians and healthcare professionals could consider more than the diseased organ and provide healthcare by comforting the patients by respecting their values, beliefs, needs, and preferences; informing them and their relatives at every stage; and comforting the patients physically by controlling the pain and relieving their

Free Copy Spiritual Midwifery

worries and fears, patients obeying the rules of physicians would become patients with high adaptation and participation to the treatment.

The Birth Book

Highlighting aspects of birth often taken for granted, ignored or left silenced, this book questions the art and meaning of childbirth. Addressing spirituality in and around the start of life from a variety of thought-provoking perspectives, it examines the apparent paradox of impersonal biomedical-technocratic systems operating alongside the meaningful experiences encountered by those involved. Themes covered include: Notions of holism and spirituality, culture, religion and spirituality Childbirth significance at societal level Spiritual care in maternity care provision Birth environment, mood, space and place Spiritual experience of all those involved, including health professionals Spiritual experience when birth is complex and challenging When birth and death are juxtaposed. Although there is considerable literature on spirituality at the end of life, this is the only book that draws together a global and multidisciplinary selection of academic researchers and practitioners to reflect on spirituality at the start of life. Each chapter explores the relevant theoretical background and makes links to practice, using case studies from research and practice. The chapters conclude by discussing: how spiritual care is, and should be, provided in this context; what practice approaches are beneficial; cross-cultural perspectives; and future directions for research. It is an important read for all those interested in childbirth, maternity care, social science perspectives on health and illness, and spirituality.

Birth Matters

Free Copy Spiritual Midwifery

Shares practical recommendations for rendering nursing a mutually beneficial experience, covering topics that range from breast pumps and sleeping arrangements to nursing multiples and returning to work.

Witches, Midwives & Nurses

Renowned for her practice's exemplary results and low intervention rates, Ina May Gaskin has gained international notoriety for promoting natural birth. She is a much-beloved leader of a movement that seeks to stop the hyper-medicalization of birth—which has led to nearly a third of hospital births in America to be cesarean sections—and renew confidence in a woman's natural ability to birth. Upbeat and informative, Gaskin asserts that the way in which women become mothers is a women's rights issue, and it is perhaps the act that most powerfully exhibits what it is to be instinctually human. *Birth Matters* is a spirited manifesto showing us how to trust women, value birth, and reconcile modern life with a process as old as our species.

Motherhood, Spirituality and Culture

The Art of Spiritual Midwifery

As featured on BBC Radio 2 and BBC Radio 5 Live Selected as one of the Independent's 10 best pregnancy books for expectant parents *Birth* is a feminist issue. It's the feminist issue nobody's talking about.

Selected Topics in Midwifery Care

Maye's Midwifery

This well-known and highly respected textbook has been rigorously revised and updated to reflect the changes in both midwifery education and practice.

Sexology in Midwifery

By the mid-twentieth century, two things appeared destined for extinction in the United States: the practice of home birth and the profession of midwifery. In 1940, close to half of all U.S. births took place in the hospital, and the trend was increasing. By 1970, the percentage of hospital births reached an all-time high of 99.4%, and the obstetrician, rather than the midwife, assumed nearly complete control over what had become an entirely medicalized procedure. Then, seemingly out of nowhere, an explosion of new alternative organizations, publications, and conferences cropped up, documenting a very different demographic trend; by 1977, the percentage of out-of-hospital births had more than doubled. Home birth was making a comeback, but why? The executive director of the American College of Obstetricians and Gynecologists publicly noted in 1977 the "rising tide of demand for home delivery," describing it as an "anti-intellectual-anti-science revolt." A quiet revolution spread across cities and suburbs, towns and farms, as individuals challenged legal, institutional and medical protocols by choosing unlicensed midwives to catch their babies at home. *Coming Home* analyzes the ideas, values, and experiences that led to this quiet revolution and its long-term consequences for our understanding of birth, medicine, and culture. Who were these self-proclaimed midwives and how did they learn their trade? Because the United States had virtually eliminated midwifery in most areas by the mid-twentieth century, most of them had little knowledge of or exposure to the historic practice, drawing primarily on obstetrical

Free Copy Spiritual Midwifery

texts, trial and error, and sometimes instruction from aging home birth physicians to learn their craft. While their constituents were primarily drawn from the educated white middle class, their model of care (which ultimately drew on the wisdom and practice of a more diverse, global pool of midwives) had the potential to transform birth practices for all women, both in and out of the hospital.

Ina May's Guide to Breastfeeding

Soul Midwives, a movement begun by Felicity Warner, has changed the face of modern holistic and spiritual palliative care in the UK and abroad. Soul Midwives are holistic and spiritual companions to the dying. They draw on traditional skills, now largely forgotten, applying them to our modern world to ease the passage of those who are dying. Their services are used within people's own homes, in hospices and in care homes. Anyone with an open and compassionate heart and a desire to help others can train to become a Soul Midwife. This book will guide you through the core principles and techniques of this practice.

Birth from Within

What comes after reflective listening? What comes after the ministry of presence? Spiritual midwifery is a powerful framework for offering pastoral care in today's fast-paced environment. Midwifery offers ways of thinking about those who are served, the work itself, and what it means to be a clinical caregiver within the tradition of the care of souls. Spiritual midwifery has philosophical and spiritual roots that stem from the earliest seeds of Western thought, even back to Jesus and Socrates. Readers will find an inductive approach toward a conceptual model that offers insight for richer assessments and outcome-oriented goals of care. Part One

Free Copy Spiritual Midwifery

sets out the metaphors of the midwife and the dialogue. Part Two unpacks the methodology behind the mechanics. Part Three looks at creative applications of midwifery, and is followed by a Symposium patterned after Plato's own Symposium. A rigorous theory remains at the center of the work, but the tone is poetically balanced enough to invite the transformation of the spiritual caregiver. From the philosophy of Heraclitus to the theology of Kierkegaard to the spiritual direction of Guenther, *The Art of Spiritual Midwifery* brings forth a comprehensive conception of pastoral care and its delivery.

A Book for Midwives

Using archaeological materials recovered from a housesite in Mobile, Alabama, Laurie Wilkie explores how one extended African-American family engaged with competing and conflicting mothering ideologies in the post-Emancipation South.

The Art of Spiritual Midwifery

Spiritual Midwifery is considered by many to be the bible of the home birth movement. This classic book on natural childbirth introduced a whole generation of women to the possibility of home birth and breast feeding. At a time when higher levels of technology were the wave of the future, the home birth movement testified to the naturalness and normalcy of the birthing process—even the sacredness of it. Ina May Gaskin, the author, is a powerful advocate for a woman's right to give birth without excessive and unnecessary medical intervention. Now in its fourth edition, her voice is needed as much now as then. In today's climate of unprecedented numbers of cesarean sections and induced labor, knowledge of this birthing process enables women to make informed choices regarding their maternity care and delivery options. The birthing stories and section

on care of the newborn are valuable to anyone about to become a parent.

Manhood in the Age of Aquarius

Based on the author's 13 years as a nurse-midwife, this book shows how women with low-risk pregnancies can be cared for by a midwife, allowing them to take control of the birth process and to avoid costly and traumatic interventions of drugs and surgery.

Spirituality and Childbirth

Tells how to become a midwife and set up practice, and offers information on prenatal and postpartum care, pregnancy and labor complications, and assisting at births

Diary of a Midwife

The subject of medicalisation of childbirth in colonial India has so far been identified with three major themes: the attempt to reform or [sanitise] the site of birthing practices, establishing lying-in hospitals and replacing traditional birth attendants with trained midwives and qualified female doctors. This book, part of the series *The Social History of Health and Medicine in South Asia*, looks at the interactions between childbirth and midwifery practices and colonial modernities. Taking eastern India as a case study and related research from other areas, with hard empirical data from local government bodies, municipal corporations and district boards, it goes beyond the conventional narrative to show how the late nineteenth-century initiatives to reform birthing practices were essentially a modernist response of the western-educated colonised middle class to the colonial critique of Indian sociocultural codes. It provides a perceptive historical analysis of how institutionalisation

Free Copy Spiritual Midwifery

of midwifery was shaped by the debates on the women's question, nationalism and colonial public health policies, all intersecting in the interwar years. The study traces the beginning of medicalisation of childbirth, the professionalisation of obstetrics, the agency of male doctors, inclusion of midwifery as an academic subject in medical colleges and consequences of maternal care and infant welfare. This book will greatly interest scholars and researchers in history, social medicine, public policy, gender studies and South Asian studies.

Birth Matters

Strongest supporter, best friend, expert, cheerleader and chief photographer . . . Before, during and after labour the role of a midwife is second to none. *The Secret Midwife* reveals the highs and lows on the frontline of the maternity unit, from the mother who tries to give herself a DIY caesarean to the baby born into witness protection, and from surprise infants that arrive down toilets to ones that turn up in the lift. But there is a problem; the system which is supposed to support the midwives and the women they care for is starting to crumble. Short-staffed, over worked and underappreciated - these crippling conditions are taking their toll on the dedicated staff doing their utmost to uphold our National Health Service, and the consequences are very serious indeed. *The Secret Midwife* is a heart-breaking, engrossing and important read. At once joyful and profoundly shocking, this is the story of birth, straight from the delivery room.

Delivered by Midwives

Midwives and other healthcare providers are grappling with the issue of rising intervention rates in childbirth and trying to identify ways to reverse the trend. It is increasingly accepted that

Free Copy Spiritual Midwifery

intervention in childbirth has long-term consequences for women and their children. Birth Territory provides practical, evidence-based ideas for restructuring the birth territory to facilitate normal birth. Links new research findings to birth environments and outcomes. Describes the elements of an ideal birthing environment. Suggests how to modify existing maternity services to achieve optimal results. Investigates the links between the experiences of women and babies, and outcomes. Explores the effects of legal and socio-political factors.

Spiritual Midwifery

The international bestseller that has helped millions of women trust in their body - and their baby - and give birth without fear Drawing on over 40 years' experience, internationally acclaimed midwife Ina May Gaskin shows you how to use the mind-body connection to help labour progress calmly and safely. In Ina May's Guide to Childbirth, she shares: - Inspiring real-life stories that show what a positive experience childbirth can be - What happens during labour and the true capabilities of the female body - How to create a comfortable environment for birth in any setting - Tips for maximising your chances of a relaxed and joyful birth experience Read by millions of women around the world, this reassuring and practical guide will take the fear out of childbirth and restore your faith in the power of your body. With Gaskin's timeless wisdom, you can approach birth with confidence and excitement, wherever and however it happens.

The Soul Midwives' Handbook

"Giving birth is the pivotal moment of a woman's life but it is often treated as a medical procedure, and not as a rite of passage. Birthing from Within offers parents engaging and memorable ways for

Free Copy Spiritual Midwifery

pregnant women, and their partners, to activate personal, social and spiritual resources that will guide them through labour and afterwards. Many birth classes teach from the 'outside', from the perspective of the professional. Yet, knowledge of anatomy and the stages of labour can often seem irrelevant in the intensity of contraction. The pregnant woman needs to know about labour and birth from her own perspective, she needs to be prepared for birthing from within. Pam England offers a method that allows a woman to fully understand her own strengths and resources. The self-discoveries made during pregnancy makes birth life-enhancing and empowers the future of the family. It is a multi-sensory and holistic approach that aims to make parents feel positively informed about what they are about to experience, confident about the birth of their child. Pain is an inevitable part of childbirth but Birthing from Within provides resources for building pain-coping confidence in parents. It gives detailed instructions on dealing with normal labour pain and when the humane use of drugs may be called for."--Cover.

A Guide to Midwifery

Midwifery across the globe faces different issues. In some countries the autonomy of the profession is a tradition, while in some societies midwives struggle to practice autonomously the basic competencies. In one part of the world the medicalisation of childbirth is the main issue, preventing the natural processes of pregnancy and childbirth to flow at their own pace, while in other parts of the world midwives struggle with lack of resources to provide safe midwifery care. The authors of this book practice midwifery in different cultures and within different social contexts. They have to deal with different obstacles and seek solutions to diverse problems. With their contributions, they offer an insight into their thinking, their dilemmas, and the problems of midwifery practices in their countries. However, despite different backgrounds,

Free Copy Spiritual Midwifery

they all have in common a uniform goal - a wish to offer women optimal midwifery care and to improve midwifery services.

A Midwife in Amish Country

This book makes an important contribution to the fields of obstetrics, midwifery, childbirth education, sociology of the body, cultural studies and women's studies.

The Thinking Woman's Guide to a Better Birth

This book provides a condensed but comprehensive up-to-date overview of spirituality and its application to health care. The need for healthcare workers to provide spiritual care or meet patients' spiritual needs is gaining increasing importance in nursing and midwifery policy at local, national and international level. Internationally, there is a growing belief in spirituality as a valid dimension of care. The book highlights a range of examples and case studies facilitating the practical application of the recommendations discussed. In addition to presenting new psychological perspectives, various activities throughout will encourage readers to form their own opinion on the issues covered. The suggestions for further reading and useful websites will also help readers interested in exploring specific areas in more depth. Combining contributions by authors from various disciplines, the book offers a valuable tool for qualified professional healthcare workers in practice, including nurses, social workers, doctors and chaplains. With its handy format, this practical pocket guide offers a faithful companion for practitioners.

Colonial Modernities

What comes after reflective listening? What comes after the

Free Copy Spiritual Midwifery

ministry of presence? Spiritual midwifery is a powerful framework for offering pastoral care in today's fast-paced environment. Midwifery offers ways of thinking about those who are served, the work itself, and what it means to be a clinical caregiver within the tradition of the care of souls. Spiritual midwifery has philosophical and spiritual roots that stem from the earliest seeds of Western thought, even back to Jesus and Socrates. Readers will find an inductive approach toward a conceptual model that offers insight for richer assessments and outcome-oriented goals of care. Part One sets out the metaphors of the midwife and the dialogue. Part Two unpacks the methodology behind the mechanics. Part Three looks at creative applications of midwifery, and is followed by a Symposium patterned after Plato's own Symposium. A rigorous theory remains at the center of the work, but the tone is poetically balanced enough to invite the transformation of the spiritual caregiver. From the philosophy of Heraclitus to the theology of Kierkegaard to the spiritual direction of Guenther, *The Art of Spiritual Midwifery* brings forth a comprehensive conception of pastoral care and its delivery.

Spiritual Midwifery

Motherhood, Spirituality and Culture explores spiritual skills that may assist women in changes, challenges and transformations undergone through the transition to motherhood. This study comprises rich, qualitative data gathered from interviews with 11 mothers. Results are analysed by constructing seven unique maternal narratives that elucidate and give voice to the mothers in their transition by in depth exploration of six themes emerging from the analysis. Overall discussion ranges across such realities as: □ desires, expectations and illusions for mothering; □ birth and spiritual embodied experiences of mothering; □ instinctual knowing; identity and crisis, and connections of motherhood; □ changes and

Free Copy Spiritual Midwifery

transformations undergone through motherhood. This study presents a unique framework for qualitative studies of spirituality within motherhood research; by weaving together transpersonal psychology, humanistic psychology, spiritual intelligence and the spiritual maternal literature. This book will appeal to all women who have transitioned to motherhood. It will also be of assistance to professionals who wish to approach any aspect of maternity care and support from a transpersonal perspective. It will also provide unique insights for academics and postgraduate students in the fields of anthropology, psychology, psychotherapy and feminism studies.

Ina May's Guide to Childbirth

Gives expectant parents an overview of the options available, offering up-to-the-minute advice on such matters as physical and emotional preparation, the father's role, avoiding a cesarean birth, and other information

Myles Textbook for Midwives

Winner of the 2019 American Association for the History of Nursing Lavinia L. Dock Award for Exemplary Historical Research and Writing in a Book "Catchin' babies" was merely one aspect of the broad role of African American midwives in the twentieth-century South. Yet, little has been written about the type of care they provided or how midwifery and maternity care evolved under the increasing presence of local and federal health care structures. Using evidence from nursing, medical, and public health journals of the era; primary sources from state and county departments of health; and personal accounts from varied practitioners, *Delivered by Midwives: African American Midwifery in the Twentieth-Century South* provides a new perspective on the childbirth

experience of African American women and their maternity care providers. Author Jenny M. Luke moves beyond the usual racial dichotomies to expose a more complex shift in childbirth culture, revealing the changing expectations and agency of African American women in their rejection of a two-tier maternity care system and their demands to be part of an inclusive, desegregated society. Moreover, Luke illuminates valuable aspects of a maternity care model previously discarded in the name of progress. High maternal and infant mortality rates led to the passage of the Sheppard-Towner Maternity and Infancy Protection Act in 1921. This marked the first attempt by the federal government to improve the welfare of mothers and babies. Almost a century later, concern about maternal mortality and persistent racial disparities have forced a reassessment. Elements of the long-abandoned care model are being reincorporated into modern practice, answering current health care dilemmas by heeding lessons from the past.

Coming Home

Journal Notebook To Write In. Lined, Ruled Journal 6inx9in 100 Pages Get yourself a journal to write in. Journal your thoughts, notes, and much more. Go to our Author page and check out our extensive range of journals with fantastic covers Keeping a Journal has many benefits Including Problem Solving Mental clarification Increasing Focus Enabling Self Discovery Reducing Stress And Many More! Get A Journal Today!

The Secret Midwife

Ina May Gaskin asserts that the way in which women become mothers is a women's rights issue, and it is perhaps the act that most powerfully exhibits what it is to be instinctually human. Birth Matters is a spirited manifesta showing us how to trust women,

value birth, and reconcile modern life with a process as old as our species.

A Book for Midwives

Manhood in the Age of Aquarius investigates how a deep commitment to the belief in the naturalness of masculinity shaped the efforts of American hippies to create economic, social, political, institutional, religious, and environmental alternatives to their received culture during the 1960s and 1970s. Their efforts to create such alternatives informed the creation of a range of new forms of masculinity. Timothy Hodgdon compares two sharply contrasting hip communities: The Farm and the Diggers (later known as the Free Families). The Farmies argued that industrial progress had encouraged a dangerous hypermasculinity in men and a corresponding devaluation of women's fertility and capacity for maternal nurture. Only through veneration of women's beautiful yin could humankind return to the path of enlightenment charted by Buddha, Jesus, and other sages, and men were to cultivate a knightly masculinity of egoless service to women within lifelong, monogamous marriages. The anarchist Diggers reached the opposite conclusion: that progress had effeminized the organization man while brutalizing the respectable working-class men who served his interests as wage worker, policeman, and soldier. The Diggers sought to uproot the alienating status hierarchy mandated by private property. Their theater of the streets valorized the manliness of the outlaw—the Native American warrior, the Black Panther, the bohemian artist, and the Chinese tong member—who forcefully defended his freedom from the depredations of unjust authority while practicing the communistic sharing of wealth that, they believed, was a mark of honor among those slandered as thieves. Thus, Hodgdon argues, the Farmies and the Diggers occupied widely separated positions on a continuum of

countercultural manhood. Their divergent criticisms demonstrate that the shift from producerist to consumerist conceptions of manliness was still by no means complete at mid century. Furthermore, hippies' unabashed commitment to masculinity as a natural trait, rather than a political and social construct, shows how even these incisive—and at times, impish—critics of American culture stood utterly unprepared for the emergence of radical feminism in 1967 and 1968.

Spirituality in Healthcare

Midwives support women during the reproductive period of their lives. Dimensions of midwifery work include, in addition to the physiological aspect, psychological and spiritual issues. Midwifery activities mean involvement in the most intimate sphere of clients' lives. Women's perceptions of partnership, sexuality, pregnancy and birth are affected by their personal experiences and by the culture they live in. The same factors also influence the midwives' perception of these issues. It is therefore crucial for the midwives to be aware of certain areas of their work that have a sexual inclination and clarify their own eventual prejudices regarding sexuality, since these can affect their provision of holistic, individual and competent care to women and their families. This book deals with different aspects of sexuality that can have an influence on everyday midwifery work. It might also be of interest to different groups of people - midwives in clinical settings, midwifery educators, midwifery students and also other health professionals who manage women during the reproductive period.

Birth Territory and Midwifery Guardianship

"Margaret Charles Smith, a ninety-one-year-old Alabama midwife, has thousands of birthing stories to tell. Sifting through nearly five

decades of providing care for women in rural Greene County, she relates the tales that capture the life-and-death struggle of the birthing experience and the traditions, pharmacopeia, and spiritual attitudes that influenced her practice. Believed to be the oldest living (though retired) traditional African American midwife in Alabama, Smith is one of the few who can recount old-time birthing ways."--BOOK JACKET. Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

The Archaeology of Mothering

Coming Home

Sacred Pregnancy was written to help the pregnant woman journey within herself to prepare for the birth of her baby. Sacred Pregnancy is a gorgeous four-color book especially created for mothers-to-be to reflect on the many personal milestones of the full gestation period of a pregnancy.

Care in Nursing

By the mid-twentieth century, two things appeared destined for extinction in the United States: the practice of home birth and the profession of midwifery. In 1940, close to half of all U.S. births took place in the hospital, and the trend was increasing. By 1970, the percentage of hospital births reached an all-time high of 99.4%, and the obstetrician, rather than the midwife, assumed nearly complete control over what had become an entirely medicalized procedure. Then, seemingly out of nowhere, an explosion of new alternative organizations, publications, and conferences cropped up, documenting a very different demographic trend; by 1977, the percentage of out-of-hospital births had more than doubled. Home

birth was making a comeback, but why? The executive director of the American College of Obstetricians and Gynecologists publicly noted in 1977 the "rising tide of demand for home delivery," describing it as an "anti-intellectual-anti-science revolt." A quiet revolution spread across cities and suburbs, towns and farms, as individuals challenged legal, institutional and medical protocols by choosing unlicensed midwives to catch their babies at home. *Coming Home* analyzes the ideas, values, and experiences that led to this quiet revolution and its long-term consequences for our understanding of birth, medicine, and culture. Who were these self-proclaimed midwives and how did they learn their trade? Because the United States had virtually eliminated midwifery in most areas by the mid-twentieth century, most of them had little knowledge of or exposure to the historic practice, drawing primarily on obstetrical texts, trial and error, and sometimes instruction from aging home birth physicians to learn their craft. While their constituents were primarily drawn from the educated white middle class, their model of care (which ultimately drew on the wisdom and practice of a more diverse, global pool of midwives) had the potential to transform birth practices for all women, both in and out of the hospital.

Sacred Pregnancy

Kim Osterholzer, a midwife who's caught over 500 babies since 1993, ushers readers behind the doors of Amish homes as she recounts her lively, entertaining, and life-changing adventures learning the heart and art and craft of midwifery. In *A Midwife in Amish Country*, Kim chronicles the escapades of her nine-year apprenticeship grappling with the nuance and idiosyncrasies of homebirth as she tagged along after the woman who helped her birth her own babies at home. With drama and insight, she recounts the beauty and painstaking effort of those early years spent catching

Free Copy Spiritual Midwifery

babies next to crackling woodstoves, by oil lamp and lantern light, and in farmhouses powered by windmills for running water and sporting outhouses for the unmentionables. She found herself catching babies born into leaky wading pools and through howling snow storms: huge babies, tiny babies, breech babies, and twin babies. Some births kept her from home for days on end, others she missed by heart-pounding seconds, yet every birth enthralled her, whether halting hemorrhages, sharing breath with tiny lungs, or bouncing through wild rides in ambulances. Too many times to count, Kim stumbled home feeling overwhelmed and inadequate, yet as she strained against her misgivings, self-doubts, and seemingly insurmountable challenges, those intimate, sacred moments transformed her as time after time she rocked back upon her heels to soak in the spellbinding magic of hearty cries filling the air—the cries of brand-new lives with newly expanding lungs, of hardy men with overflowing hearts, of life-bearing women with the reward of their labors filling their arms—a harmony of cries that mingled with Kim's own and that, together, rose heavenward from ruffled beds speckled and splattered with the sweat, tears, and blood of those births. The very beds of those conceptions became sacred spaces awash with love and joy and gratitude. She persevered, and her experiences became profoundly empowering as she unearthed the foundation and cornerstone of true midwifery—how to use her heart as well as her hands to serve, and to serve in the simplest of womanly ways—stroking, smoothing, wiping, tidying, nourishing, comforting, hearing, encouraging, validating, and witnessing. Slowly, steadily, Kim learned to play her part as midwife to the Amish—her part in a symphony of inimitable women—a single, piping strain among the melodies of those skilled, focused, strong, and harmonious—women unflagging in their passion to welcome new lives earth-side effectively and gently. And at last, tried and tested, Kim took her rightful place among them.

Listen to Me Good

As an intelligent woman, you are probably used to learning as much as you can before making major decisions. But when it comes to one of the most important decisions of your life--how you will give birth—it is hard to gather accurate, unbiased information.

Surprisingly, much of the research does not support common medical opinion and practice. Birth activist Henci Goer gives clear, concise information based on the latest medical studies. The *Thinking Woman's Guide to a Better Birth* helps you compare and contrast your various options and shows you how to avoid unnecessary procedures, drugs, restrictions, and tests. The book covers: Cesareans Breech babies Inducing labor Electronic Fetal Monitoring Rupturing Membranes Coping with slow labor Pain medication Episiotomy Vaginal birth after a Ceasarean Doulas Deciding on a doctor or midwife Choosing where to have your baby and much more . . .

Give Birth Like a Feminist: Your Body. Your Baby. Your Choices

First published in 1973, this is an essential work on the corruption of the medical establishment and its historic roots in witch hunts. In this new edition, Barbara Ehrenreich and Deirdre English have written an entirely new chapter that delves into the current fascination with and controversies about witches, exposing fears and fantasies. They build on their classic exposé of the demonisation of women healers and the political and economic monopolisation of medicine, bringing it up to date with today's changing attitudes to these issues.

Free Copy Spiritual Midwifery

[Read More About Spiritual Midwifery](#)

[Arts & Photography](#)

[Biographies & Memoirs](#)

[Business & Money](#)

[Children's Books](#)

[Christian Books & Bibles](#)

[Comics & Graphic Novels](#)

[Computers & Technology](#)

[Cookbooks, Food & Wine](#)

[Crafts, Hobbies & Home](#)

[Education & Teaching](#)

[Engineering & Transportation](#)

[Health, Fitness & Dieting](#)

[History](#)

[Humor & Entertainment](#)

[Law](#)

[LGBTQ+ Books](#)

[Literature & Fiction](#)

[Medical Books](#)

[Mystery, Thriller & Suspense](#)

[Parenting & Relationships](#)

[Politics & Social Sciences](#)

[Reference](#)

[Religion & Spirituality](#)

[Romance](#)

[Science & Math](#)

[Science Fiction & Fantasy](#)

[Self-Help](#)

[Sports & Outdoors](#)

[Teen & Young Adult](#)

[Test Preparation](#)

[Travel](#)