

The Intent To Live Achieving Your True Potential As An Actor

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Choosing Leadership
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The Power of the Actor

A reprint of the 1976 Macmillan edition. This fictional outline of a modern utopia has been a center of controversy ever since its publication in 1948. Set in the United States, it pictures a society in which human problems are solved by a scientific technology of human conduct.

From the Mind to the Feet

"Create a better future by building your courage, capacity, and wisdom"--Page 1 of cover.

An Actor's Companion

Anthony Abeson's actor-training is an amalgam of his work with Peter Brook, Jerzy Grotowski, Lee Strasberg, Stella Adler and Harold Clurman. Many of his students have gone on to successful careers in theatre, film and television. In his book "Acting 2.0: Doing Work that Gets Work in a High-Tech World" Mr. Abeson discusses the consequences of the American acting culture's emphasis on using rather than developing talent. In the opening of his book he says "I want to empower you with practical tools with which to do good work that gets work in the room work on the stage and screen that inspires all of us, that arouses not prurience or violence but that precious something, intangible but of inestimable value, that is being destroyed from our lives : our humanity.

The Book of Negroes

"The Improvisation Technique is then applied to exercises with scripted lines, developing sophisticated improvisation skills for enhancing character, emotions, conflict, and agreement as well as improving the actor's audition process. Also included is a unique process for breaking down scripted scenes into improvisation choices."--BOOK JACKET.

Audition

Walden Two

Actioning - and How to Do It is the indispensable companion to a vital component in every actor's

toolkit. Actioning is one of the most widely used rehearsal techniques for actors. It helps bring clarity to every moment or thought in the text, energising rehearsals and bringing performances to life. Actioning will enable you to discover and unlock newfound energy, range, variety and clarity of body and voice, by: Interrogating the text and making initial action verb choices Playing your chosen actions, both verbally and physically Maintaining an imaginative and emotional connection with each moment Signposting each thought to your scene partner From the publishers of the internationally successful *Actions: The Actors' Thesaurus*, this is the first in-depth exploration of Actioning for student actors, those who train them, and professionals working in the industry, whether they're brand new to the technique or have been practising it for years. This step-by-step guide draws on concepts from Stanislavsky, using sample scenes from classic plays such as *The Seagull* and *The Importance of Being Earnest*, as well as contemporary pieces, and is filled with exercises to demonstrate the technique at work.

Atomic Habits

The casting director for *Chicago*, *Pippin*, *Becket*, *Gypsy*, *The Graduate*, *the Sound of Music* and *Jesus Christ Superstar* tells you how you can find your dream role! Absolutely everything an actor needs to know to get the part is here: What to do that moment before, how to use humour; create mystery; how to develop a distinct style; and how to evaluate the place, the relationships and the competition. In fact, *Audition* is a necessary guide to dealing with all the "auditions" we face in life. This is the bible on the subject.

Money, and the Law of Attraction

"The best theatre book I read this year. The remarkable thing is its lack of bunk. Actors and watchers of actors will find it a book to mark up and read again."--Dan Sullivan, *Los Angeles Times*

The Educator's Guide to Preventing and Solving Discipline Problems

The legendary acting coach shares his inspirational philosophy and effective techniques--including case studies, exercises, and professional insights--designed to help actors connect personally with a script, develop a character from the inside out, overcome fear and inhibitions, hone technical skills, and more. Reprint. 17,500 first printing.

Sanford Meisner on Acting

NEW YORK TIMES BESTSELLER * More than one million copies sold! Essentialism isn't about getting more done in less time. It's about getting only the right things done. Featuring the new Essentialism 21-Day Challenge * "A timely, essential read for anyone who feels overcommitted, overloaded, or overworked."--Adam Grant Have you ever: * found yourself stretched too thin? * simultaneously felt overworked and underutilized? * felt busy but not productive? * felt like your time is constantly being hijacked by other people's agendas? If you answered yes to any of these, the way out is the Way of the Essentialist. Essentialism is more than a time-management strategy or a productivity technique. It is a systematic discipline for discerning what is absolutely essential, then eliminating everything that is not, so we can make the highest possible contribution toward the things that really matter. By forcing us to apply more selective criteria for what is Essential, the disciplined pursuit of less empowers us to reclaim control of our own choices about where to spend our precious time and energy--instead of giving others the implicit permission to choose for us. Essentialism is not one more thing--it's a whole new way of doing everything. It's about doing less, but better, in every area of our

lives. Essentialism is a movement whose time has come.

The Intent to Live

Communities in Action

First published in 1953, "To the Actor: On the Technique of Acting" is the famous and influential guide to acting by Russian-American actor, director, and teacher Michael Chekhov. Born in Saint Petersburg in 1891 and the nephew of Russian playwright Anton Chekhov, Michael Chekhov studied acting from the famed theater director Konstantin Stanislavski at the First Studio of the Moscow Art Theatre and was considered by Stanislavski to be his most brilliant student. While Chekhov was at first a practitioner of Stanislavski's "system", which was later known as "Method Acting", he began to disagree with his teacher's approach and developed his own system. Chekhov sought to teach actors to discover their characters and themselves through physical gestures and imagination, rather than through a psychological or emotional examination, as favored by Stanislavski. He focused on finding the physical identity of a character and internalizing it until it becomes second nature. Chekhov's approach was incredibly successful and he personally taught such legends as Clint Eastwood, Yul Brynner, Marilyn Monroe, Anthony Quinn, and Elia Kazan. "To the Actor: On the Technique of Acting" is an essential and timeless text for actors and directors, as well as for students and fans of theater and film. This edition is printed on premium acid-free paper.

The Amazing Power of Deliberate Intent

A revolutionary guidebook to achieving peace of mind by seeking the roots of human behavior in character and by learning principles rather than just practices. Covey's method is a pathway to wisdom and power.

An Actor Performs

Abducted from her West African village at the age of eleven and sold as a slave in the American South, Aminata Diallo thinks only of freedom - and of finding her way home again. After escaping the plantation, torn from her husband and child, she passes through Manhattan in the chaos of the Revolutionary War, is shipped to Nova Scotia, and then joins a group of freed slaves on a harrowing return odyssey to Africa. Based on a true story, Lawrence Hill's epic novel spans three continents and six decades to bring to life a dark and shameful chapter in our history through the story of one brave and resourceful woman.

Acting: Basic Skills

Presents different techniques for stage and screen actors, including a new approach to acting and advice on auditioning, developing a character, and playing difficult roles.

The End of Acting

Offers guidance in using the principles of the "law of attraction" to attain physical and financial well-being.

Acting in Chicago

Describes the differences and similarities between stage acting and film or television acting, discusses role preparation, and explains how performances are filmed

A Practical Handbook for the Actor

In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. *Communities in Action: Pathways to Health Equity* seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

No Acting, Please

Acting: Basic Skills (Second Edition) by J.M. Salter is a small, inexpensive acting text for beginners and non-majors that can fit in a student's back pocket. The text is designed to give the student necessary skills before embarking upon scene analysis and self-study. Instructors can use this book as a supplement or a primary textbook for a beginning acting laboratory class. "Acting: Basic Skills" helps students start monologue/scene work early by providing a useful, handy reference.

How To Win Friends And Influence People

"I was totally unprepared for the transformation that Seth's technique created in me. . . . I realized that what I thought I knew about acting up to that point was largely misguided . . . but I now had a great, talented, dedicated teacher who generously wanted to share his tools with everyone. There is muscularity, not to mention wisdom and truth to Seth's techniques. He is a wonderful teacher, and I know that having him as my first guide is one of the luckiest things to have happened to me in my career and life. And when I can't get back to class with him, I am so grateful I have this book to turn to."—Anne Hathaway "This book is truly unlike anything else I know—these pieces are haikus on specific elements of performance and character building."—Philip Himberg, executive director, Sundance Theatre Institute A collection of practical acting tips, tools, and exercises, *An Actor's Companion* is ideal for both the seasoned professionals and actors-in-training. The tips—all simple, direct, and useful—are easy to understand and even easier to apply, in both rehearsal and in performance. Seth Barrish is an actor, teacher, and the co-artistic director of The Barrow Group in New York City. In his thirty-year career, he has directed the award-winning shows *My Girlfriend's Boyfriend* (Lucille Lortel Award for Best Solo Show, Drama Desk and Outer Critics Circle nominations for Best Solo Show), *Sleepwalk With Me* (Nightlife Award for Outstanding Comedian in a Major Performance), *The Tricky Part* (Obie Award, Drama Desk nominations for Best Play and Best Solo Show), *Pentecost* (Drama Desk nomination for Best Play), *Old Wicked Songs* (Los Angeles Drama Critics Circle Award and Garland Award for Best Direction), and *Good* (Straw Hat Award for Best Direction), among dozens of others.

The Work of an Actor

With an enduring grasp of human nature, Dale Carnegie's *How to Win Friends and Influence People* teaches his readers how to handle people without letting them feel manipulated, how to make people feel important without inspiring resentment, how to win people over to your point of view without causing offence, and how to make a friend out of just about anyone. Published in 1937, Carnegie's *How to Win Friends and Influence People*, was originally written as a companion book to his lectures on how to be a good salesperson. However, what began as a basic sales primer, quickly exploded into an overnight success, eventually selling more than 15 million copies worldwide, and pioneering an entire genre of self-help and personal success books. HarperTorch brings great works of non-fiction and the dramatic arts to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperTorch collection to build your digital library.

Book on Acting

A book from the leading instructor to the stars, whose client list includes Brad Pitt, Charlize Theron, Elizabeth Shue, Jim Carrey, Kate Hudson, David Duchovny, and Halle Berry who famously thanked Chubbuck in her Oscar acceptance speech for *Monster's Ball*. It describes in detail Ivana Chubbuck's acting technique.

Positive Learning: Meeting the needs of young people living with HIV (YPLHIV) in the education sector

To the Actor

Your best performance is still to come! In the latest edition of his book *An Actor Performs*, Shapiro breaks down the techniques that enable actors to connect with script and character on a new level: In part I, "The Tools," explore the basics through storytelling and improvisation, and learn to analyze language in a way that will allow you to own the role. In part II, "The Process," delve into exercises that will help you tap into your imagination and connect with your personal experiences to enhance the portrayal of the challenges faced by your character. In part III, "The Characterization," flesh out your character's personal experiences, and learn more about yourself and your character via various methods of performance art. In part IV, "Extending Your Range," partake in advanced exercises to dig deeper and expand the connection with character and audience. In part V, "Performing," hear from some of the best in interviews with actors Ron Leibman, Olympia Dukakis, Laura San Giacomo, Allison Janney, and Mel Shapiro himself as they discuss the nature of acting on the stage and for the screen. Forget the jargon-laden textbooks of the past, and instead learn through firsthand experiences with Mel Shapiro and *An Actor Performs*.

How to Stop Acting

Updated with new information about major industry changes, a latest edition of a successful guide counsels actors on the business side of the profession while sharing practical advice on such topics as crafting an effective résumé, joining unions and getting an agent. Original.

Acting as a Business

The #1 New York Times bestseller. Over 2 million copies sold! *Tiny Changes, Remarkable Results* No matter your goals, *Atomic Habits* offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly

how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: • make time for new habits (even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back on track when you fall off course; and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

Actioning - and How to Do It

A masterful introduction to the actor's craft presents a series of rigorous but flexible exercises, based on the Meisner Technique of acting, designed to help actors deal with a wide variety of performance challenges. Original. 15,000 first printing.

Spotted Tail

The 12 essays in this volume examine the concept of intent in defense, security, and foreign-policy contexts. They provide operational and academic perspectives on measuring the intent of adversaries, including nation-states and nonstate actors, and understanding the relationship of intent to behavior. The essays apply the insights and methods of multiple disciplines--anthropology, psychology, political science, neuroscience, and others--to the study of intent, for which there is currently no coherent body of research. As Lt Gen Robert Elder, USAF, retired, notes, we are good at estimating an adversary's capabilities but not as good at estimating his intent. To influence an adversary's behavior, we must understand the perception-to-intent-to-action dynamic that underlies his behavior. This collection of essays, which emerged from a Department of Defense Strategic Multilayer Assessment, provides perspectives for doing so. The authors represent multiple agencies and fields of study; some are academics, and some are military subject-matter experts. Their expertise includes decision and behavioral analysis, social psychology, warfare and military strategy, political behavior, applications of neuroscience to behavioral studies, foreign policy, and antiterrorism.

Actions

Acting in America has staggered to a dead end. Every year tens of thousands of aspiring actors pursue the Hollywood grail and chant the familiar strains of the Stanislavski "Method" in classrooms and studios across the nation. The initial liberating spirit of Stanislavski's experiments has long ago withered into rigid patterns of inhibitions and emotional introspection. According to Richard Hornby, the Method now "shackles American acting". With his iconoclastic new work, *The End of Acting*, Richard Hornby dismantles, tenet by tenet, the American Method as promulgated by Lee Strasberg and other pretenders to the Stanislavski dynasty. Hornby separates the myth from the Method in his exploration of

Stanislavski's original initiatives and the proprietary feud over his theories which continues even today.

The Seven Habits of Highly Effective People

Sanford Meisner was one of the best known and beloved teachers of acting in the country. This book follows one of his acting classes for fifteen months, beginning with the most rudimentary exercises and ending with affecting and polished scenes from contemporary American plays. Written in collaboration with Dennis Longwell, it is essential reading for beginning and professional actors alike. Throughout these pages Meisner is a delight—always empathizing with his students and urging them onward, provoking emotion, laughter, and growing technical mastery from his charges. With an introduction by Sydney Pollack, director of *Out of Africa* and *Tootsie*, who worked with Meisner for five years. "This book should be read by anyone who wants to act or even appreciate what acting involves. Like Meisner's way of teaching, it is the straight goods."—Arthur Miller "If there is a key to good acting, this one is it, above all others. Actors, young and not so young, will find inspiration and excitement in this book."—Gregory Peck

Essentialism

A vital companion for actors in rehearsal - a thesaurus of action-words to revitalise performance, with a foreword by Terry Johnson. Finding the right action is an essential part of the process of preparation for the actor. Using this thesaurus of active verbs, the actor can refine the action-word until s/he hits exactly the right one to help make the action come alive. The method of 'actioning' is widely used in rehearsal rooms, but has never before been set down in a systematic and comprehensive way.

Climb Inside

The 10th-anniversary edition of the No. 1 international bestseller and modern classic beloved by millions of readers **HERE IS A SMALL FACT - YOU ARE GOING TO DIE 1939**. Nazi Germany. The country is holding its breath. Death has never been busier. Liesel, a nine-year-old girl, is living with a foster family on Himmel Street. Her parents have been taken away to a concentration camp. Liesel steals books. This is her story and the story of the inhabitants of her street when the bombs begin to fall. **SOME IMPORTANT INFORMATION - THIS NOVEL IS NARRATED BY DEATH** The 10th-anniversary edition features pages of bonus content, including marked-up manuscript pages, original sketches, and pages from the author's writing notebook.

Acting for the Camera

Covers various aspect of effective discipline systems, including discussion of the crucial components of classroom discipline and universal techniques for teachers.

The Intent to Live

The *Work of an Actor* sets a new industry standard that provides reference tools like no other. As a result, it delivers a wealth of clear, detailed instructions and inspiration for giving unforgettably captivating performances for actors of all levels. With more than twenty years of experience in acting, coaching, and directing, Michael Woolson not only shares the essential foundation and mechanics of acting in a clear and concise manner but he also demystifies sitcom technique, playing a killer, creating authentic fear, making sense of bad direction, how to audition effectively, and building layered character work.

Acting 2.0

This biography of Spotted Tail traces the life of the famous Lakota leader who expertly guided his people through a pivotal and tumultuous time in their nation's history as they fought and then negotiated with the U.S. government. Spotted Tail is remembered for his unique leadership style and deep love for his people. Today, a university is named in his honor.

Advice to the Players

“I call this book *The Intent to Live* because great actors don't seem to be acting, they seem to be actually living.” –Larry Moss, from the Introduction When Oscar-winning actors Helen Hunt and Hilary Swank accepted their Academy Awards, each credited Larry Moss's guidance as key to their career-making performances. There is a two-year waiting list for his advanced acting classes. But now everyone—professionals and amateurs alike—can discover Moss's passionate, in-depth teaching. Inviting you to join him in the classroom and onstage, Moss shares the techniques he has developed over thirty years to help actors set their emotions, imagination, and behavior on fire, showing how the hard work of preparation pays off in performances that are spontaneous, fresh, and authentic. From the foundations of script analysis to the nuances of physicalization and sensory work, here are the case studies, exercises, and insights that enable you to connect personally with a script, develop your character from the inside out, overcome fear and inhibition, and master the technical skills required for success in the theater, television, and movies. Far more than a handbook, *The Intent to Live* is the personal credo of a master teacher. Moss's respect for actors and love of the actor's craft enliven every page, together with examples from a wealth of plays and films, both current and classic, and vivid appreciations of great performances. Whether you act for a living or simply want a deeper understanding of acting greatness, *The Intent to Live* will move, instruct, and inspire you.

The Book Thief

This simple and essential book about the craft of acting describes a technique developed and refined by the authors, all of them young actors, in their work with Pulitzer Prize-winning playwright David Mamet, actor W. H. Macy, and director Gregory Mosher. *A Practical Handbook for the Actor* is written for any actor who has ever experienced the frustrations of acting classes that lacked clarity and objectivity, and that failed to provide a dependable set of tools. An actor's job, the authors state, is to "find a way to live truthfully under the imaginary circumstances of the play." The ways in which an actor can attain that truth form the substance of this eloquent book. From the Trade Paperback edition.

The Actor's Art and Craft

Teachers today must prepare students for an increasingly complex, interconnected, and interdependent world. Being a globally competent teacher requires embracing a mindset that translates personal global competence into professional classroom practice. It is a vision of equitable teaching and learning that enables students to thrive in an ever-changing world. This thought-provoking book introduces a proven self-reflection tool to help educators of all grade levels and content areas develop 12 elements of such teaching. The book is divided into three sections: dispositions, knowledge, and skills. Each chapter is devoted to an element of globally competent teaching and includes a description of that element, tips for implementation delineated by developmental levels, and links to additional resources for continuing the journey. Examples of globally competent teaching practices include - Empathy and valuing multiple perspectives. - A commitment to promoting equity worldwide. - An understanding of global conditions and current events. - The ability to engage in intercultural communication. - A classroom environment

that values diversity and global engagement. Throughout, you'll also find examples of these practices at work from real teachers in real schools. No matter what your experience with global teaching, the information in this book will help you further develop your practice as a global educator—a teacher who prepares students not only for academic success but also for a life in which they are active participants in their own communities and the wider world.

Choosing Leadership

Becoming a Globally Competent Teacher

This leading-edge book by Esther and Jerry Hicks, who present the teachings of the nonphysical entity Abraham, is about having a deliberate intent for whatever you want in life, while at the same time balancing your energy along the way. But it's important to note that the awareness of the need to balance your energy is much more significant than goal-setting or focusing on ultimate desires. And it is from this very important distinction that this work has come forth. As you come to understand and effectively practice the processes offered here, you will not only achieve your goals and desired outcomes more rapidly, but you'll enjoy every single step along the path even before their manifestation. As such, you'll find that the living of your life is an ongoing journey of joy, rather than a series of long dry spells between occasional moments of temporary satisfaction.

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