

Urban Tantra Second Edition Sacred Sex For The Twenty First Century

The Complete Idiot's Guide to Tantric Sex
Sexual Intelligence
Jewel in the Lotus
Sacred Sexuality
Tantric Massage for Beginners
Tantra for Erotic Empowerment
Sacred Sexual Healing
An Introduction to Tantra and Sacred Sexuality
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Urban Tantra
The Heart of Tantric Sex
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Tantric Sex
Kama Sutra: A Position A Day
Orgasm Unleashed
The Art of Sexual Magic
Tantric Sex

The Complete Idiot's Guide to Tantric Sex

BONUS: A FREE copy of Sex Positions: 21 Positions To F*ck Her Brains Out Is Included Within This Book! Would You Like To Discover How To Take Your Sexual Pleasure, Sex Drive, And Performance To An Exciting New Level? Do you feel sometimes that your sex life with your partner has lost its spark? Or that you would like to experience more pleasure out of sex than you currently do? Have you ever imagined far more pleasure in a sexual fantasy than real life? Imagine if you could make a HUGE increase in the pleasure and excitement of sex to make yourself and others happier! You might also be thinking, how can applying the art of Tantric Sex help me, and what is it? Tantric Sex is a POWERFUL spiritual yet also physical form of sex that has been around for

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generations, with the goal of increasing sexual energy and control to achieve AMAZING orgasms for both men and women and STRENGTHENING the bonds of a relationship! By doing specific tantric techniques, tricks and exercises to relax and build sexual energy, you can eliminate your worries, improve performance for yourself and your lover, and overall to just enjoy a level of pleasure previously UNIMAGINABLE! So "Adriano," What makes your book different from all the other ones on Amazon? My book contains very little to no useless information, and explains complicated concepts in SIMPLE, EASY ways to help you understand what Tantric Sex is about, and how to APPLY what you learn in SIMPLE, EASY PRACTICAL methods and steps! I know that YOU want FAST, EFFECTIVE advice, not a fiction novel. Here Is A Summary Of What You Will Be Taught - What Is Tantric Sex And What Is The Purpose Of It? - The Best 5 Sex Positions To Blow Your Partner's Mind And Yourself! - Many Different Sex Techniques - How To Last Longer In Bed Using Your Body And Mind, Therapy, And Even Medical Methods! - Over A Dozen Different Foods To Increase Your Sex Drive Naturally! - And A HUGE Section With Plenty Of Other Tips, Tricks, And Ideas To Increase The Pleasure! And More! This Book Will Guide You Step-By-Step, And Give You Plenty Of Room To Be Creative! If You Are Not %100 Satisfied With This Book, You Can Return This Book To Amazon Within 7 Days For A Full Refund, Guaranteed! Click The Buy Now Button And Start Seeing Results Immediately For Only \$10.38 On Paperback! You Can Also Buy The Kindle Version Along With The Paperback For Only \$0.99 Through Kindle Matchbook!

Sexual Intelligence

An Introduction to Tantra and Sacred Sexuality offers insights into how to awaken and experience your sensual self, moment-by-

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moment. This book is exciting and enticing, as well as, powerful and healing. You do not have to be in a relationship to enjoy, explore, and apply sacred sexuality. Sacred sexuality opens you to experiencing levels of ecstatic bliss and unconditional love and, most importantly, bringing these experiences into your daily life. Ultimately, it opens you to living bliss, not just feeling it. This ecstatic vibration translates into consistently feeling unconditional love for all people and things. Michael Mirdad wisely integrates both Tantric and Taoist perspectives and practices in the loving, passionate, and respectful framework of sacred sexuality.

Jewel in the Lotus

This is not your standard sex book. Sex therapist, sociologist, and Psychology Today contributor Dr. Marty Klein goes beyond the sex manuals to reveal how our mindsets during sex are more important than any tricks or techniques—and that the way to a healthier, more exciting, more fulfilling sex life lies in first developing our sexual intelligence. This book is the antidote to the many gimmick-oriented sex guides and manuals; Dr. Klein shows us how to reorient how we think about sex in order to experience a truly different way of being sexual. “Marty Klein is the Steve Jobs of sex advice. . . . Sexual Intelligence is a work of enormous wisdom and expansiveness, and will inspire readers, regardless of age, to realize their full sexual potential.” —Ian Kerner, best-selling author of *She Comes First*

Sacred Sexuality

Do you want to know what Tantric Sex for Couples is all about? Do you want to know the best tantric sex positions? Do you want to unlock your deepest sexual, physical, emotional, mental and spiritual energy? Do you want to enjoy sex like never before? Then

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this book is for you! Many couples suffer from communication issues, lack of quality time, insufficient intimacy, unsatisfying sex life. Tantra practices have turned for many adopters a successful way to improve in all those areas. Tantra brings an intelligent approach to life, sex and has the effect of enhancing intimacy and deepening love. So how you can stop missing out on this incredible experience that Tantra can offer? You have come to the right place. This book has got you covered as it contains all the Tantra knowledge you need to bring your sex, emotions, mental fulfillment to the next level and discover your hidden sources of energy. You will also be helped by several illustrations. You will master the art of Tantra which you have wished to know before and you will not believe how you have done without until now! In this book you will discover: - What is Tantra and its benefits - How Tantra helps in connecting the sensory, emotional, cognitive level with spiritual - How can you get the best out of Tantra meditation with the use of Mantra and Yantras - Why and how you should practice Tantric sex - What are the best Tantric sex positions - How can you best use the Tantric Chair to enhance your sex experience - How to give and receive Tantric sex massages - How can you discover and reach the maximum enjoyment - How to benefit from the use of the Yoni Egg And much more! Most books on Tantra Sex touch only the surface and miss to provide the why, how and links among the different elements of Tantra, and they very often have limited or no illustrations at all. This is instead a complete 360 degrees book on Tantra! If you are a beginner, you can start your journey towards full sex enjoyment and unlock your full energy. If you have some experience, get ready to upgrade your level up! Do yourself, your partner and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. Scroll up and get your copy by clicking the "Buy Now with 1-Click" button!

Tantric Massage for Beginners

Orgasmic Yoga is an intimate way of stretching our capacity for pleasure. The premise is that an individual engages in solo sex or self-pleasuring for 30 minutes a day (with 30 days recommended as a suitable duration). Besides recommending 30 unique daily practices, this book will introduce you to seven tools to have a more ecstatic life: pelvic floor exercises, breath, sound, movement, touch, intention and fantasy.

Tantra for Erotic Empowerment

"Originally published in a somewhat different form in 2007 by Celestial Arts, an imprint of the Crown Publishing Group"--Copyright page.

Sacred Sexual Healing

Do you feel disconnected from your partner? Do you feel that something is stopping you from expressing yourself physically? Do you want to add some spice to your sex life and improve your intimacy quotient? Do you want to learn about the different ways in which you and your partner can pleasure each other? Are you curious about learning about different practices of Tantra? If your answer is yes for any of the questions mentioned above, then this is the perfect book for you. In the course of this book, you will learn: The meaning of Tantric massage and its various benefits What are essential oils and how you can make your own massage oils at home The different techniques and essentials of giving a tantric massage Various methods used during tantric massage Various male and female tantric massages How to give an aromatherapy massage Ways in which tantric massage will help to reignite the spark in your sex life This book provides all the information that

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you will need to know about tantric massage and the different techniques of tantric massage that you can use. All the information regarding will help you to form a bond with your partner that surpasses the physical realm! So, what are you waiting for? Let's get started! Buy your copy today!

An Introduction to Tantra and Sacred Sexuality

Sacred Sexuality: A Manual for Living Bliss Imagine how it feels to have the love essence of every particle in the universe dancing with delight to re-join the love essences within your being. This is true desire, a vibration felt in and through all things and experienced as a unifying force. The practice of sacred sexuality is a celebration of true desire; it deepens your connection to the Spirit of love and awakens your body to become as passionate and alive as God originally intended. This book deals with everything imaginable about sexexpanding one's consciousness through sexualityand combining the practical benefits of both Tantric and Taoist perspectives and practices. I recommend Sacred Sexuality to my own students and readers. -Master Mantak Chia, author Taoist Secrets of Love an excellent overview of the tantric sexual practicethe first book in 20 years that I could whole-heartedly recommend. It should be on every tantric bookshelf. -David A. Ramsdale, author Sexual Energy Ecstasy About Michael Mirdad Dr. Michael Mirdad, a Master Teacher/Author, has an extensive background in Psychology, Parapsychology & Metaphysics.He has worked as a Healer and Counselor to individuals & couples for over 20 years.Michael has also conducted thousands of classes, lectures & workshops throughout the world on Mastery, Spirituality, Relationships, and Healing. Dr. Mirdad is respected as one of the finest and most diverse spiritual teachers and healers of our time.

28 Days to Ecstasy for Couples

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For those who want to unleash the potential of erotic energy.

Sacred Sex

Tantra is a tantalizing tradition. The body and complex esoteric (sometime sexual) rituals are as essential to Tantra as mysticism and sacred meditation. But Tantra, in Andre Padoux's estimation, is far from being a marginal sect. It is rather a core part of Hindu philosophy. In Part One of the book, Padoux introduces the history of Tantra, its origins, its foundational texts, and its major beliefs. Part Two has chapters on the Tantric body, sex, mantras, ritual, mysticism, sacred geography, and iconography. The final section explores Tantra today, both in India and in the West. This book, a comprehensive introduction to Tantra by the world's leading expert in the field, will appeal to students, specialists, and anyone interested in the ideas that have shaped the Hindu Tantric worldview."

Tantric Massage

A guide to meditation, sex, and ecstasy. The Art of Tantra offers a fascinating method of improving your pleasure, vitality, and internal strength. Clear, practical, and profound, it contains over five hundred color photographs and illustrations demonstrating the positions and exercises that the reader can use to reach a new sexual dimension in his or her emotional relationships. The Art of Tantra promotes the comprehension, understanding, and experience of the most important taboo in the history of humanity—sex—and in its pages you will discover Tantra as a form of comprehensive wisdom on the energies and art of living. There is an ample variety of exercises and meditations, such as: The Rainbow Greeting the Sun The Dragon Dance of the Five Elements The Art of Tantra is an invitation to expand your consciousness in a simple and dynamic

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manner.

Tantra

The tradition of Tantra or Tantric Buddhism is known to have existed in India as early as the 5th century AD. Using his own unique blend of wisdom and humour, Osho talks about the mystical insight of Tantra that is to be found in these ancient writings. It is a refreshing perspective from one of the most provocative spiritual teachers of our time and introduces some difficult concepts to the widest possible audience.

Tantric Sex

Have you ever felt that ecstasy after a beautiful night with your partner? Do you have the desire to feel it again and again? Would you like to drastically improve your relationship and live your sexual life to its full potential? Would you like to have a tool that is going to lead you in every area of internal and external relationships? I think your answer is a definite "Yes" to at least one of these questions, so just keep reading "TANTRIC SEX" - a book that will teach you the secrets of long-lasting relationships. A complete guide for tantric philosophy, meditation, massage and sex. Sex is one of these topics people never talk about in public, friends, relatives, even with their partner. Silence is usually a big problem that can break relationships, even after decades in a relationship. Tantra is a philosophy that has been used for over 6000 years, starting in India and has helped a lot of modern time people who dealt with their intimate relationships with their partners. In this guide we managed to take all the most researched information, put it together and create the most practical and simple guide with clear directions and explanations. Let's take a look at only a few things we will teach you in this book: Tantra and its benefits Sex and

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Orgasm (everything you need to know) Mind preparation guide for passionate relationship How to use Tantra philosophy in your everyday life? Tantra is not only about a personal relationship Now it is your turn to take action. Scroll up, click on "Buy Now" and experience it!

Tantra, Yoga of Ecstasy: the Sadhaka's Guide to Kundalinin and the Left-Hand Path

Secrets are revealed in this complete and systematic course in the science of Tantric Kriya yoga that shows readers how to be more aware of the inner working of the body and mind. (World Religions)

Luxurious Loving

Connect with your spiritual side through tantric massage Your body is a temple and it is time to worship through the sensual massage of tantra technique. Increase your understanding of the pleasure centers of the male and female body through tantric massage and become a master of pleasure. Do you want to feel things you haven't before? Connect with your body? Get in tune with your partner? All of this can be achieved through tantra massage. Buy this tantric massage guide to: Find you and your partner's erogenous zones through sensual massage Ease your stress and worry less in the bedroom with tantra techniques View 10 sensual massage technique illustrations View 5 tantra positions to use with your partner Connect with your spiritual body through tantric massage Explore new boundaries and sensations with tantra massage Bond more closely, openly and honestly with your partner Ready to dive in and explore your body for ultimate spiritual pleasure? Buy this tantra massage guide to get spiritual in the bedroom tonight!

Tantric Massage

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For couples looking to spice up their sex life or just looking to have a bit of fun, *Kama Sutra: A Position a Day* is packed with tips and erotic know-how about how to perfect and enjoy each position.

The Modern Kama Sutra

After many years of exploration, Diana Richardson found that the ancient practice of Tantra, with its unique, intelligent approach to sex, had the effect of enhancing intimacy and deepening love. Here she has adapted Tantra for modern Western lovers in a practical, sympathetic way. *Tantric Sex* can transform your experience into a more sensual, loving and fulfilling one.

Tantric Sex

Embrace your sexuality and discover your own source of erotic power! This step-by-step guide will take you on a Tantric journey of sexual exploration and personal empowerment. Mark A. Michaels and Patricia Johnson demystify the Tantric tradition, teaching you how to experience sexual pleasure with consciousness and intention. With renewed sexual confidence, you'll discover new ways to physically and spiritually satisfy your partner and yourself. This experiential book features selections from Tantric literature for reflection, meditative exercises, and practical techniques for exploring sexuality.

Urban Tantra

Morality. Relativity. Right and Wrong. The issues we face are complicated and everyone has an opinion. But who has the answer when it comes to sexual issues? Sex dominates our popular culture to a degree we've never seen before and unrestricted sex is being touted as a shortcut to personal fulfillment and satisfaction - but it's

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a counterfeited and cheapened imitation of the real thing. Respected pastor Tony Evans refuses to let the voice of God be drowned out amidst the clamor of the crowd. Discover what God says in His word regarding why your sexuality is important and why sexual immorality is devastating. Discover how to maintain purity and enjoy true intimacy in marriage - the real fulfillment and satisfaction that God intended.

Liberation Into Orgasm

Off late, do you feel that you and your partner feel disconnected? Do you feel that your sex life has become monotonous? Do you feel like adding some spice back into your sex life and breaking free of the routine? Do you feel that there's something that is stopping you from forming a strong bond with your partner? Do you want to improve the intimacy quotient? Do you want to learn the different ways in which you can attain greater pleasure? Do you want to learn the different ways in which you can pleasure your partner? If your answer is yes for any of the questions that have been mentioned above, then this is the perfect book for you. Your reason for exploring the concept of Tantric sex could range from curiosity to your want of establishing a spiritual connection with your partner. Regardless of your reason, this is the perfect book for getting you started with the teachings of Tantric sex. Tantric sex is so much more than simply establishing a physical bond between two partners. It is about connecting with your partner on an emotional and a spiritual level. It is the union of the female and the male energies present in the body, for forming a spiritual connection. Tantric sex will help in revitalizing your body, mind, and soul. Tantra can be practiced in different forms and Tantric sex is one of those forms that will help in awakening the dormant sexual energy present in your body for helping you attain greater pleasure. Tantric sex will help in turning up the heat between the sheets and add a

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new dimension to your sex life. In the course of this book, you will learn: The meaning of Tantric sex and its various benefits. The essentials of Tantric sex and the worship of the God or Goddess within. Preparation of your body for Tantric sex. Essentials of Tantric communication. The different Tantric sex positions and techniques. The basic teachings of Tantric sex. Various Tantric sex exercises and yoga positions. The ways in which Tantric sex can be made use of for male and female orgasms. All the information regarding Tantric sex, the different positions, and variations will help you in forming a bond with your partner that surpasses the physical realm. So, what are you waiting for? Let's get started! Buy your copy today!

Ecstasy Is Necessary

Did you know there are ancient techniques to guide you through a sexual intimacy you've only dreamed of? Are you aware that these techniques are so powerful that you will not only experience the greatest orgasmic sensations you can imagine, but that you will develop a significant expansion of self, a spiritual connection, and soulful healing, that cannot be delivered by any manufactured means? This ancient Hindu form of tantra dates back nearly 5,000 years and teaches us that life itself is an endless cycle of sex full of myriad sensations. The act of sex is ultimately an act of one's most honest and vulnerable expression of one's spirituality. Based on this, tantra teaches us the ways to create a supreme connection with every piece of life and how to worship that in the sexual experiences we share. By practicing these ways, we find ourselves in a calm and peaceful state of acceptance each day, and we find ourselves reaching new heights of sensual pleasures at night. If you've ever longed for better communication with your lover, or if you've needed a new element to your sex life together now more than ever, the time has come to learn how. If you've ever craved for

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sexual healing and true intimacy, satiate your desires. If you've ever fantasized about deeply erotic pleasures and hours of sexual bliss, make it real. This book tells you how. Inside the cover of these lessons you'll discover:

- * The origins of tantra and its assimilation into western culture
- * How to perform tantra yoga that will facilitate better sex
- * How to use asanas and vinyasas to your benefit
- * Your romantic union can benefit from non-sexual tantric practices
- * The differences between regular sex and tantric sex
- * Why individuals use tantra for better health and better sex
- * How to initiate intimate sexual conversation with your partner
- * Ways to eliminate negative emotions and insecurities with tantric sex
- * Ways to heal sexual abuse through tantra
- * How to use breath as your ultimate guide to pleasure
- * Poses and sexual positions to increase libido and orgasm
- * How to abandon obligation and expectation for euphoria
- * The effects of mindfulness and meditation for better living and better sex
- * Everything you need to know to prepare for a tantric sex experience
- * How to cultivate a perfect sacred space to practice tantra and sex
- * How to prepare the body for tantric bliss
- * The mindset and emotional factors that come with sex
- * How to suppress orgasm for a prolonged sexual experience
- * What other couples have experienced by practicing tantric sex
- * The added benefits tantra can have on your relationship
- * How tantra in the bedroom spills ecstasy into other facets of your life
- * How to liberate yourself and your partner through sex

Follow the layout of this book from build up to a crescendo and learn the secrets and pleasures of ultimate sexual union. The opposite of a quickie, tantric sex is about the journey, not the destination. Learn how to enjoy the ride. Illuminate your life with sex. Purchase and download this book now in order to start the process of transforming your sex life. Your intimacy will never be the same again. You will discover the crazy amazing potential that you have been hiding in you. Be sure to achieve the best sex life. While at it, please leave a review on Amazon.

Tantric Intimacy

Sacred Sexual Healing: The SHAMAN Method of Sex Magic blows the bedroom doors off an underground Tantra revolution, exposing the work of the modern Daka and Dakini and making available practical, sacred sexual secrets. In a clear, down-to-earth voice, we offer dozens of exercises to: * Experience your body as a temple * Release guilt, shame and fear about sex * Increase your orgasmic potential * Get your needs met in relationship * Direct your sexual power to manifest your deepest desires. Women may re-discover their libido, relieve pain during intercourse and connect to their sexual intuition. Men will eliminate fear of intimacy, cure performance anxiety, and learn to sexually satisfy a woman. The intention of this book is to heal the greatest collective wound on the planet: the separation between Sex and Spirit.

Tantric Sex

If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. Celebrating the 10th anniversary of Urban Tantra, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to discover new frontiers. With a juicy mix of erotic how-to and heart-centered spiritual wisdom, this updated edition includes a brand-new introduction, up-to-date references and resources, a new take on the possibilities and responsibilities of Tantra in today's world, plus new and cutting-edge information to reach an expanded community—added information on multi-partner play, more intersections for Tantra and BDSM, practices for asexuals and aromantics, expanded practices for trans and gender nonconforming people, and more. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous

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practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, no matter one's gender, sexual preference, or erotic tastes. Urban Tantra expands the notions of pleasure and opens new heights of intimacy and sexual fulfillment.

Tantric Sex

Liberation into Orgasm is an invitation to go through pleasure beyond pleasure. This book is not just a bunch of nice ideas that are only good for the mind, it is an invitation to experience Life totally, and live fully, unapologetically, shamelessly as You. This book is for those who are either intrigued by sex but feel a little shy and perhaps have never experienced an orgasm, and for those who are very open yet have the intuition that there must be more to sexuality. And forgive me for running ahead, but yes, there is always more to sexuality. This book is for those who have endless spiritual thirst and those who wish to feel more connected to their true Self in every moment of their life. In the modern day world, we tend to think that sex and spirit are separate from each other. Or, that in order to access the spirit, we need to transcend sex. With this book, I want to serve the healing of the split that we have created between sex and spirit. This split is what causes disconnection, shame, guilt and judgment around something that is the most powerful creative force that moves through human beings - our sexual energy. With this book, I want to reveal the tantric perspective of what is really possible for each human being in this Life. With this book I want to invite you on a journey that will take us through pleasure beyond pleasure. Tantra teaches us to live fully. When someone chooses the path of Tantra, it means they choose to go all the way. To live Tantra means not to shy away from any of the aspects of our life. To find out about the book tour and a free event exclusive for my Readers please visit www.sofiasundari.com

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Annie Sprinkle

From Barbara Carrellas, sex expert and author of the best-selling book *Urban Tantra*, comes *Ecstasy is Necessary*. This is not your average tips-and-techniques sex book; rather it is an exploratory journey of the sexual self and the infinite possibilities of ecstatic expression. In *Ecstasy is Necessary*, Carrellas teaches readers how to discover, nurture, expand, and embrace their authentic, ever-evolving, sensual, sexual self. Everyone goes through different phases of sexual expression and desire, and there are an infinite number of erotic and ecstatic possibilities available at all points along the way. The insights readers will gain in their journey with Carrellas will help them confidently approach sex and relationships in a way that works for them no matter where they are in their sexual evolution. They will get tools for solving the inevitable challenges that arise. They'll even receive permission not to have sex at all, if that's what's right for them, because it is possible to create ecstatic experiences even when sex itself is not possible, available, or appropriate. Using stories and simple exercises, Carrellas helps readers understand how they are wired for sex and relationships, what their personal warning signs look like, and what they need for optimum care. Plus, they'll learn how to effectively communicate this information to others so that they can be loved more easily and effectively. As readers discover their authentic sexual selves, they will learn how to create the conditions that allow more and more of their experiences and relationships to be opportunities for-and invitations to-ecstasy.

Lexical Grammar

What is Tantra? It is joy, passion, and healing. It is trust and kindness. It is power. It is everything that a human being is capable of and more so much more. Living a tantric life is a life filled with

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unlimited happiness. It is unfathomable in its greatness. It is a way of intimately connecting with the people around you that will change how you exist in this world.

Tantra

TANTRIC SEX FOR WOMEN is the first woman-focused tantric sex book to be published in the US. It has an inclusive, empowering feminist approach that embraces all women. Written first for women who love women, it also explains how every woman, heterosexual, bisexual or solo, can use the information and exercises to suit her situation. Sex is an art that has to be learned. TANTRIC SEX FOR WOMEN encourages women to playfully engage in their sexuality and to cultivate their sensuality. The introduction gives the basics of "Tara"-tantra, a woman's tantra created by the author.

Orgasmic Yoga

Transform your lovemaking into erotic ecstasy with the secrets of the Kama Sutra -- the most ancient, renowned and explicit guide to sexual pleasure.

Urban Tantra, Second Edition

Tantra—often associated with Kundalini Yoga—is a fundamental dimension of Hinduism, emphasizing the cultivation of "divine power" (shakti) as a path to infinite bliss. Tantra has been widely misunderstood in the West, however, where its practices are often confused with eroticism and licentious morality. Tantra: The Path of Ecstasy dispels many common misconceptions, providing an accessible introduction to the history, philosophy, and practice of this extraordinary spiritual tradition. The Tantric teachings are

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geared toward the attainment of enlightenment as well as spiritual power and are present not only in Hinduism but also Jainism and Vajrayana Buddhism. In this book, Georg Feuerstein offers readers a clear understanding of authentic Tantra, as well as appropriate guidance for spiritual practice and the attainment of higher consciousness.

Urban Tantra

This book is for anyone is interested in the relationship between grammar and vocabulary. The introduction looks at recent developments in corpus linguistics and second language acquisition research, and outlines the important role which chunks play in textual cohesion and in fluency, as well as in grammar acquisition. The practical part of the book provides practitioners with a large number of classroom suggestions and activities for making grammar teaching more lexical, and for making vocabulary practice more grammatical. Activities move from receptive to productive and can be used on their own or to supplement and enhance coursebook content.

The Heart of Tantric Sex

If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. With a juicy mix of erotic how-to and pleasure-centered spiritual wisdom, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to push past their edge in search of the great cosmic orgasm. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, including: The Erotic Awakening

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Massage • Breath and Energy Orgasms • Twenty-Minute Tantra
Evolutionary Selfloving • Sex and Healing • Tantric BDSM
No matter what your gender, sexual preference, or erotic tastes,
URBAN TANTRA will expand your notions about pleasure and
open you up to new heights of intimacy and sexual fulfillment.
From the Trade Paperback edition.

Tantric Sex for Women

The Art of Tantra

TANTRIC MASSAGE FOR BEGINNERS 3rd EDITION Discover
The Best Essential Tantric Massage- and Tantric Love Making
Techniques! Bonus Inside Are you and your partner starting to feel
distant with one another when you're in the bedroom together? Do
you oftentimes wonder if there isn't something more that the two of
you could be doing that would make you feel closer to one another?
Has someone maybe mentioned tantric sex to you in passing? If
you've answered yes to one or more of those questions or you're just
looking for a way to spice things up in the bedroom as you deepen
the connection between you and your partner, then this might be the
book for you! You'll find information as to how the tantric sex
movement got started over six thousand years ago, and how you can
start practicing it today with your partner without feeling the
pressure of having sexual intercourse! At the end of the book, you'll
be introduced to some easy and a few not so easy positions that
maximize the tantric sex experience! In this book, you'll find the
following: What is Tantric Sex? The Benefits of Tantric Sex
Importance of Sex in a Relationship Types of Intimacy Beginning
Exercises Basic Tantric Sex Techniques Tantric Massage Tantric
Sex Positions for Beginners And much, much more Want to find
out more ? Buy your copy today!

Tantric Sex For Couples

In the fast-paced world of today, couples struggle to find time and energy for sex amidst work, kids, friends, family, as well as all other life responsibilities and commitments. And in general, slow, sensual lovemaking is one element of life to be put on hold when so little time exists. However, what makes love and sex luxurious is taking the time to slow down and really enjoy it. When you can immerse yourself completely into the experience of either giving or receiving, time ceases, trust increases, intimacy deepens, and you reprogram the way you imagine, breathe, gaze, move, taste, touch, and connect. Luxurious Loving teaches couples new, fun, and exiting ways to reincorporate erotic and sensual techniques to their lovemaking sessions. Examining ancient sexual practices and philosophies, such as Tantra and the Kama Sutra, as well as modern sexual conventions, Luxurious Loving instructs readers on how to explore each other's bodies through sensual head-to-toe touching, kissing, erotic massage, oral sex, masturbation, and numerous other playful turn-ons. Artistic, full-color photography will be featured throughout. This book will inflame passion and s-l-o-w down your sex while ultimately extending your pleasure. "Barbara Carrellas is my favorite sex educator on the planet. She's classy, sassy and wise with vast sexual experience. In Luxurious Loving, Barbara graciously shares her expertise in the most delightful ways. I'm crazy about this book: It's full of superb information; it's great fun and it's sexy, sexy, sexy. Guaranteed to enhance absolutely anyone's sex life." Annie Sprinkle, Ph.D. - Sex worker turned sexologist, and author of Dr. Sprinkle's Spectacular Sex-Make Over Your Love Life.

The Hindu Tantric World

'Gives new meaning to the term revolutionary ardor'. - The Village

Voice

Tantric Sex

TANTRIC SEX Are you looking to evolve your relationship to how it used to be? Are you just interested in seeing the difference Tantric Sex can make towards your love and sex life? If yes, then keep reading Sex is a very important part of maintaining excitement and love in your relationship and this is why Tantric Sex teachings are highly recommended for all couples. Whether you're a beginner or a pro at Tantric Sex this book teaches you the tips and secrets you need to know towards love making through the act of connecting your emotions with sex. Tantric belief systems see sex and eroticism as being natural aspects of life; furthermore, sex is viewed as a path to spirituality. This book will focus on introducing you to the ideas behind Tantric Sex and provide a practical guide on how to incorporate Tantric Sex in your sex life (including Sex Positions). Following these teachings will greatly increase the excitement towards your sex life, creating an even stronger physical and emotional connection with your partner. Tantric Sex is meant for you to emancipate yourself from any boundaries that could be present within your relationship, allowing each partner to open up to their sexuality, by clearly outlining what it is to 'make love' in the most comfortable and sexual way possible. Here Is What You Will Discover Tantric Sex Tantric Massage Tantric Oral Sex Foreplay Techniques Oral Sex Positions Sex Positions Love Making Relationship Growth Increased Physical And Emotional Attraction Tantric Exercises Much, much more! Maybe you're thinking Tantric Sex won't fix things or it won't boost you emotional and physical connection with your partner But it is the people who are willing to take action and be open and adventurous towards this art of love that lead to having successful relationships. Excite your partner and most of all evolve your relationship to how it should be. Enjoy the

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experience! Buy Your Copy Today!

Kama Sutra: A Position A Day

A practical guide to deepen and expand your orgasmic experience by yourself. Based on ancient Tantric teachings, modern sexology and tons of experience, *Orgasm Unleashed* is filled with inspiring ideas and powerful practices that will transform your sex life. It might even change your life.

Orgasm Unleashed

Take your sex life-and your relationship-to new heights in just twenty-eight days! "28 Days to Ecstasy for Couples" can help you and your partner rekindle lost passion, intensify your lovemaking, and experience a sublime spiritual connection. Perfect for today's busy culture, this step-by-step, illustrated guide to Tantric sex features simple, fun exercises that take twenty minutes or less. Discover how to extend lovemaking, become multiorgasmic, control sexual energy, and engage in sexual, ceremonial, and ritual play. But physical pleasure isn't the only reward. Each activity also includes inspirational messages and lessons in trust, communication, and intimacy. By practicing sacred love, you'll reap the delights of improved health and vitality and a fulfilling sexual and spiritual relationship.

The Art of Sexual Magic

Learn to enjoy and improve your sexuality through a new and uniquely spiritual approach. In the East lovemaking is seen as a pleasurable journey; the Tantric Buddhists, for example, use sex as an enjoyable path to enlightenment. While we may not want to go so far, we can certainly learn to add enjoyment, energy and power

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to our sexual relationships. This comprehensive introduction to tantric sexuality offers a radically different and exciting new dimension to sex within a loving relationship. It explains in a clear and simple way the practical techniques that you can try if you want to further your knowledge of esoteric lovemaking. Change your sexual focus from the one of mere pleasure or procreation to that of a higher spiritual nature with more enjoyment and pleasure.

Tantric Sex

In this updated, fully illustrated second edition, the author uncovers every aspect of this ancient practice, and introduces the principles, techniques, and rituals of Tantra.

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