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Mystics

Wild Mercy Living The Fierce And Tender Wisdom Of The Women Mystics

Body of WisdomMirabaiWild MercyBecoming a Blessed ChurchHildegard of BingenThe New Divine FeminineCaravan of No DespairFeel this BookThe Second Half of LifeWildJOURNEY HEART PBWild WomenPremka: White Bird in a Golden Cage: My Life with Yogi BhajanSaint Francis of AssisiSpiritual RebelWalking Each Other HomeA Year With the MysticsThe Return of the MotherSpiritual LiteracyThe Bond Between WomenI Am, I Am, I AmThe HopeA New Way of LifeUntie the Strong WomanShowings of Julian of NorwichThe Way of the ActorDark Night of the SoulSaint John of the CrossTeresa of AvilaThe Twelve Wild SwansThe Way of the RoseOur Lady of GuadalupeSaint Teresa of AvilaIn the Heart of LifeImperfect SpiritualityMother of God Similar to FireThe Only Astrology Book You'll Ever NeedBeyond PredictionCircle of StonesGod of Love

Body of Wisdom

Some call Hildegard of Bingen the original "rebel nun"—a woman of stunning visionary gifts who rose above the restrictions of her time to shape the destiny of Christianity. In Hildegard of Bingen, you are invited to encounter this remarkable woman, who dared to

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speaking out with such strength and purpose that even the twelfth-century Church had to respect her divinely inspired wisdom. Hildegard's life gives us a blueprint for taking charge of our own spiritual lives. From her brilliant and iconoclastic writings on the spiritual journey, women's health, and herbal medicine to her courage in urging world rulers to choose peace over war, this enduring heroine shines across the centuries as an example of how to live fearlessly our own limitless radiance. Through her writings, musical and lyrical compositions, and compassionate bravery, Hildegard invites you today to a place of stillness where you can clearly hear the inner wisdom that is your birthright.

Mirabai

We all sit on the edge of a mystery. We have only known this life, so dying scares us—and we are all dying. But what if dying were perfectly safe? What would it look like if you could approach dying with curiosity and love, in service of other beings? What if dying were the ultimate spiritual practice? Ram Dass and Mirabai Bush began their friendship more than four decades ago at the foot of their guru, Neem Karoli Baba, also known as Maharaj-ji. He transmitted to them a simple philosophy: love everyone, tell the truth, and give up attachment to material

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things. After impacting millions of people through the years with these teachings, they have reunited once more with Walking Each Other Home to enlighten and engage readers on the spiritual opportunities within the dying process. They generously share intimate personal experiences and timeless practices, told with courage, humor, and heart, gently exploring every aspect of this journey. And, at 86 years old, Ram Dass reminds us, "This time we have a real deadline." In Walking Each Other Home, readers will learn about: guidelines for being a "loving rock" for the dying, how to grieve fully and authentically, how to transform a fear of death, leaving a spiritual legacy, creating a sacred space for dying, and much more. "Everybody you have ever loved is a part of the fabric of your being now," says Ram Dass. The body may die, but the soul remains. Death is an invitation to a new kind of relationship, in the place where we are all One. Join these two lifelong friends and spiritual luminaries as they explore what it means to live and die consciously, remember who we really are, and illuminate the path we walk together.

Wild Mercy

When you find the courage to change at midlife, Angeles Arrien teaches, "a miracle happens." Your character is opened, deepened, strengthened, softened. You return

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to your soul's highest values. You are now prepared to create your legacy: an imprint of your dream for our world - a dream that can fully come true in *The Second Half of Life*. Working with images, poetry, metaphors, and other forms of symbolic language from diverse world cultures, Dr. Arrien introduces us to the Eight Gates of Initiation. By mastering their lessons and gifts, you harvest the meaning and purpose of your life and come into spiritual maturity. With *The Second Half of Life*, she takes you step-by-step through each gate to deepen your most valuable relationships, reclaim your untended creative talents, and shift your focus from ambition to meaning to grow into the exceptional elder you've always imagined you would one day become.

Becoming a Blessed Church

Adapted from a series of lectures on the historical basis and current resurgence of the sacred feminine, given by Andrew Harvey at the California Institute of Integral Studies in Spring 1994, *The Return of the Mother* is a profound journey into the heart of the Divine Mother. In this comprehensive and groundbreaking work, mystical scholar Andrew Harvey unearths traces of the sacred feminine in major world religions—Hinduism, Islam (Sufism), Buddhism, Taoism, and Christianity—and in aboriginal and indigenous

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wisdom traditions. Harvey presents a scathing critique of the patriarchal distortions in religious history and doctrine that have obscured full knowledge of the Divine Mother, and shows how to reintegrate this vital aspect into the spiritual consciousness of humankind. The Return of the Mother offers a radical new perspective, balancing the historical overemphasis on transcendence by honoring the immanence of the divine in passionate engagement in the world. Only by cultivating a direct, respectful relationship with the transformative power of the sacred feminine can we alter our disastrous attitude of dissociation from nature, the body, sexuality, and the details of human life, and generate the energy and compassion needed to reverse the course of destruction we have set the planet—and all of life—hurtling toward. In lively question-and-answer sections, Harvey further illuminates these vital issues and takes a strong stand against our dependence on "gurus" and "masters," proposing instead an egalitarian model of spiritual community based on intimate groups of mutually supportive guides and friends. The Return of the Mother is an eloquent and passionate call for all of us to rediscover and reclaim an authentic and empowering relationship to the divine, and recreate a sacred life-in-the-world.

Hildegard of Bingen

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A God-optional approach to personal spirituality that is alive, flexible, and positively addictive.

The New Divine Feminine

When a small village was plagued by a wild wolf, it is told that a humble friar named Francis came and met the predator with nothing but his gentle words—and turned the wolf from a menace to a welcome citizen. This graceful man, who spoke to each part of Creation as a sister or brother, has become one of the most beloved of all saints. In both joy and adversity, Saint Francis served as a bold example of how to live completely and authentically as a follower of Christ. From his survival as a prisoner of war to the series of awakenings that helped him to reform the Catholic Church, Francis drew his strength from his miraculous, loving union with the natural world. Saint Francis of Assisi is an essential devotional reader for building your personal connection to the spirit of this modest Italian sage. Through stories, prayers, and his own writings, you are invited to share in Francis's nourishing devotion to God, and in his profound compassion toward all living things.

Caravan of No Despair

An extraordinary memoir--told entirely in

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near-death experiences--from one of Britain's bestselling novelists, for fans of Wild, When Breath Becomes Air, and The Year of Magical Thinking. We are never closer to life than when we brush up against the possibility of death. I Am, I Am, I Am is Maggie O'Farrell's astonishing memoir of the near-death experiences that have punctuated and defined her life. The childhood illness that left her in the hospital for nearly a year, which she was not expected to survive. A teenage yearning to escape that nearly ended in disaster. An encounter with a serial killer on a remote path. And, most terrifying of all, an ongoing, daily struggle to protect her daughter from a condition that leaves her unimaginably vulnerable to life's myriad dangers. Seventeen discrete encounters with Maggie at different ages, in different locations, reveal a whole life in a series of tense, visceral snapshots. In taut prose that vibrates with electricity and a restrained emotion, O'Farrell captures the perils running just beneath the surface, and illuminates the preciousness, beauty and mysteries of life itself.

Feel this Book

"The important thing is not to think much, but to love much, and so to do whatever best awakens us to love." –St. Teresa of Avila
Journey to the 16th century to discover the

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fiery passion of Saint Teresa of Avila, one of Christianity's most inspiring saints. A tireless reformer and the mentor of Saint John of the Cross, Teresa's greatest legacy is her revelation of ecstatic love for God—a love so powerful that it pierces the heart like a burning sword. Through illness, hardship, and persecution by the Inquisition, this courageous mystic lit the way with her unquenchable spirit to an "interior castle," a place of unimaginable beauty and light where no darkness can touch us. Saint Teresa of Avila gives you a direct link to the living presence of this brave and gentle woman, to draw upon her strength in your own times of need.

The Second Half of Life

Shares observations on topics ranging from ways to make money off a spouse, to fidelity, neuroses, sex, and death

Wild

Our Lady of Guadalupe takes you to a time when a modest Aztec peasant had a vision of a radiant woman "clothed in the sun." This divine presence began to emerge as a union between Mary of Christianity and the Mother Goddess of the native people. As her legend swept across the crumbling Aztec empire, she inspired millions of followers to peacefully

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embrace a changing world. Today, the beloved Lady of Guadalupe still acts as a benevolent, merciful force to help us rise above strife and violence. For those times when we are called to engage in compassionate yet decisive action, it is the force of the divine feminine embodied by Our Lady of Guadalupe that can guide our path. With poetry, prayers, and art gathered together by editor Mirabai Starr, Our Lady of Guadalupe gives you a powerful link to this blessed mother, and to the loving and righteous grace of her sacred energy.

JOURNEY HEART PB

In *Dark Night of the Soul*, Saint John of the Cross presents for us a portrait painted from his own experience of one who advances successfully through the struggles of the spiritual life. The dark night that St John describes is not abandonment by God but special consideration from Him for those who desire to purify and perfect their souls. With a soul purified from earthly attachments, we can advance through the much quoted but oft misunderstood dark night of the souls into unity with God. By accepting the desolation and difficulty of this process, the soul cooperates with God and opens itself to receiving and revealing more perfectly God's glory. Be not afraid--Dark Night of the Soul, though austere and

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exacting in its instructions for holy living, is laced with St. John's charity and kindness, his love of all things beautiful and sacred--including you.

Wild Women

"Call her Our Lady, La Nuestra Señora, Holy Mother—or one of her thousands of other names," says Dr. Estés. "She wears hundreds of costumes, dozens of skin tones, is patroness of deserts, mountains, stars and oceans. Thus she comes to us in billions of images, but at her centre, she is the Great Immaculate Heart." With *Untie the Strong Woman*, Dr. Clarissa Pinkola Estés invites us to reconnect with "the fierce and loving Blessed Mother who is friendly, but never tame—she who flies to our aid when the road is long and our hearts are broken, ever ready to rekindle the inner fire of our creative souls." In her first book in more than a decade, Dr. Estés illuminates Our Lady through blessings, images, and narrative, including:

- Stories of connecting with the Blessed Mother, including "Meeting the Lady in Red", and "Untie the Strong Woman"
- Blessed Mother's many images from around the world, including "Litany of The Mother Road: A Chant of Her Incandescent Names"; "A Man Named Mary"; and "The Marys of Mother Africa"
- The wild side of her love, including "Massacre of the Dreamers: The Maiz Mother";

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"Holy Card of Swords Through the Heart"; and "Guadalupe is a Girl Gang Leader in Heaven" "The Blessed Mother is often 'Friend to the friendless one' and Mother to all—yet too many of us have been estranged from her for far too long." Untie the Strong Woman opens a channel to this sacred and nurturing force—"breaking through walls that have held us back from her presence, and instead, inviting us to shelter under her starry green mantle".

Premka: White Bird in a Golden Cage: My Life with Yogi Bhanjan

There's so much noise. Everything can seem like a distraction. Distraction, in fact, seems our oxygen. When was the last time you saw people talking on an elevator? We seem to plug in everywhere. We have earphones and screens and don't even look up, never mind find time for silence. Our hearts need quiet. How are we ever going to pray otherwise? How could we ever possibly know God's love and will, and the truth about ourselves and the world without resting in Him? Resting in Him. What does that even mean? In *A Year with the Mystics*, popular *National Review* journalist and commentator Kathryn Jean Lopez, who writes and speaks frequently about faith and public life, and prayer and the Church, offers readers a tour of the magnificent variety of mystical writing in the heart of

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the Church. Featuring reflections from both household and contemporary names like Saint John Paul II, Mother Teresa and Edith Stein, as well as titanic historic figures such as St. Catherine of Siena and John of the Cross. The words of these holy men and women of prayer are presented in accessible doses ideal for daily prayer amidst the seemingly all-consuming busy-ness of life. Each page is an invitation to enter more deeply into the life of faith. What does the road to union with God look like? What is a dark night? What is true love of the Trinity? What is this Church as bridegroom business? Mysticism is not some foreign and remote life of prayer for poets and saints in heaven; rather, it is the call for every Christian to draw more deeply and profoundly from the heart of Christ in prayer. A Year with the Mystics is a tour, a retreat, and a love story in which God seeks you out. With the small commitment of a few minutes a day to prayer with mystic saints and other holy ones, you will be making time for communication and peace in the heart of the Trinity. Your faith will grow and you will see that the life of a contemplative in the world can be yours; it can become for you the air you breathe and a wellspring of renewal in your life as a Catholic, rooted in the sacraments. This beautiful Premium UltraSoft gift edition features two-tone sewn binding, ribbon marker, gold edges, and designed interior pages.

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Saint Francis of Assisi

Advocates a new approach to intimate relationships that requires a willingness to let go of old patterns and draw on a new kind of honesty and awareness to embark on a path of personal and spiritual discovery

Spiritual Rebel

When the humble friar Juan de Yepes felt despair creeping into his heart after months of imprisonment, he cried out to God: "Where have you hidden, my Beloved?" Today, we can hear the answer to his plea in his transcendent poetry and prose, which stand as eternal testaments to Saint John's faith, insight, and courage in dark times. His uplifting masterpieces, such as "The Spiritual Canticle" and "Dark Night of the Soul," are revered by spiritual masters of every tradition. In Saint John of the Cross, you are invited to enter into the mind and heart of one of contemplative Christianity's greatest visionaries. Through his writing and poetry, John of the Cross shares his wisdom for how we can abide in pure presence, which paths we can follow to bring clarity and peace to our souls, and how we can nurture a love that can transform even our most painful trials into an ecstatic communion with God.

Walking Each Other Home

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A Year With the Mystics

What is your truth? Have you ever felt like you're living a lie? Are you pretending to be someone you're not to fit in, or reaching for goals to meet the expectations of others, or settling for a life that doesn't feel good in your soul? By uncovering who you really are, what you really want, and what you're meant to do while you're here on earth, *A New Way of Life* offers simple and intuitive guidance for creating a life aligned with your truth. In *A New Way of Life*, author, mentor, and coach Leah Brathwaite shares her own journey of self discovery and walks you through 8 transformative steps that took her from living a lie to a life of purpose, passion, and joy. As you move through this book you will: - Identify the lies that are keeping you from the life you're meant to live. - Transform your relationship with yourself and the world around you. - Learn to free yourself from the habits and beliefs that limit your soul and your success. - Create a new way of life that leads you to your deepest desires and start living it NOW.

The Return of the Mother

A fresh and contemporary translation of one of the best loved and influential mystical texts of all time, *The Showings of Julian of*

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Norwich brings the message and spirituality of this 14th century mystic to 21st century readers. Julian of Norwich, a contemporary of Geoffrey Chaucer, was an English anchoress in East Anglia. At the age of 30, suffering from a severe illness and believing she was on her deathbed, Julian had a series of intense visions of Jesus, which she recorded and then expanded on later in her life. Her message for today's readers is simply this: She reveals the feminine face of the Divine and reminds us to see God there. All our failings are an opportunity to learn and grow; that they should be honored, but not dwelled upon. God's love has nothing to do with love and retribution and everything to do with love and compassion. In spite of all appearances, all is well.

Spiritual Literacy

Teresa of Ávila (1515-1582) is one of the most beloved of the Catholic saints. In 1562, during the era of the Spanish Inquisition, Teresa sat down to write an account of the mystical experiences for which she had become famous. The result was this book, one of the great classics of spiritual autobiography. With this fresh translation of *The Book of My Life*, Mirabai Starr brings the inimitable Spanish mystic to life for a new generation, with contemporary English that mirrors Teresa's own earthy, vernacular Spanish, and

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that presents us with—four centuries after Teresa's death—someone we feel we know: a woman intoxicated with God yet filled with an overflowing love for the world.

The Bond Between Women

Wild Mercy is essential reading for anyone ready to awaken the feminine mystic within and birth her loving, creative, and untamed power into the world. "Mystical brilliance at its best." —Caroline Myss "No one can take us into the fiery and tender depths of the sacred feminine with more skill, humor, clarity, and vibrant naked honesty than Mirabai Starr." —Andrew Harvey, author of *The Hope* and *The Return of the Mother* We live in a world that has suffered the abuses of an unbalanced masculine rule for thousands of years—but the feminine is rising. "Seeds of feminine wisdom that have been quietly germinating underground are now breaking through the surface," writes Mirabai Starr. "Women everywhere are rising to the collective call to step up and repair our broken Earth. And we are activating a paradigm shift such as the world has never seen." With *Wild Mercy*, Mirabai shares the subversive wisdom and fierce compassion of the feminine mystic across cultural boundaries and throughout history. From saints and sages, to goddesses and archetypal energies, to contemporary teachers and

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seekers—you'll meet women who blazed a path that will illuminate your own. Each chapter explores a different facet of feminine mysticism through a tapestry of teachings, reflections, and stories, along with a practice for integrating the chapter's themes into your own life. As you journey through these pages, you'll explore: Taking refuge in contemplative practice with St. Teresa of Avila and the Shekinah Longing, embodiment, and union as the heart of feminine spiritual practice with the Hindu poet Mirabai and Mary Magdalene Your relationship with the Earth, motherhood in all its forms, and a loving call to action alongside Gaia and Ix Chel Community and the web of life with Indra, the Beguines, and female prophets throughout history Wild, playful, and compassionate mercy with Tara and Kuan Yin Finding joy in creativity and the arts with Saraswati and Chiyo-ni More inspiration from archetypal goddesses and amazing women past and present—Julian of Norwich, the Sufi saint Rabia, Pachamama, Sophia, Old Spider Woman, Hildegard of Bingen, Demeter, Kali, and more Wild Mercy provides a much-needed alternative to the models of religion and spirituality that have dominated history. Here, Mirabai invites you to welcome the wisdom of women back into the collective field where it may transform the human family, heal the ravaged Earth, and awaken the divine love in our hearts.

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I Am, I Am, I Am

A powerful collection of poems by the fifteenth-century female mystic traces the poetess's journey from her royal trappings to the countryside, where she became a saint and a martyr.

The Hope

A New Way of Life

A chakra in our breasts that emits spiritual nourishment into life... a secret substance in our bodies to heal the earth... a direct connection from our wombs to the creative center of the universe... In *Body of Wisdom*, Hilary Hart identifies nine hidden powers alive in women's bodies and instincts, waiting to be used in contemporary challenges such as the creation of community, healing of the earth, and the restoration of life's spiritual nature. Based on interviews with the world's most visionary spiritual teachers and women's dreams and experiences, *Body of Wisdom* ushers in a new spirituality in which the body and the shared body of the earth are known as a seat of mystical power and women take responsibility for spiritual work that only they can do.

Untie the Strong Woman

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From Constantinople to Crimea, from Antarctica to the Andes, women throughout history have travelled across land and sea and recorded their adventures. This is a collection of more than 50 of the greatest escapades ever experienced and told by women. Curated by Mariella Frostrup, these works span the globe from the 1700s to the present day and include well-known heroines such as Isabella Bird, Dervla Murphy and Cheryl Straid as well as unknown and undiscovered adventurers.

Showings of Julian of Norwich

The Honeymoon Effect: A state of bliss, passion, energy, and health resulting from a huge love. Your life is so beautiful that you can't wait to get up to start a new day and you thank the Universe that you are alive. Think back on the most spectacular love affair of your life—the Big One that toppled you head over heels. For most, it was a time of heartfelt bliss, robust health, and abundant energy. Life was so beautiful that you couldn't wait to bound out of bed in the morning to experience more Heaven on Earth. It was the Honeymoon Effect that was to last forever. Unfortunately for most, the Honeymoon Effect is frequently short-lived. Imagine what your planetary experience would be like if you could maintain the Honeymoon Effect throughout your whole life. Bruce H.

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Lipton, Ph.D., bestselling author of *The Biology of Belief*, describes how the Honeymoon Effect was not a chance event or a coincidence, but a personal creation. This book reveals how we manifest the Honeymoon Effect and the reasons why we lose it. This knowledge empowers readers to create the honeymoon experience again, this time in a way that ensures a happily-ever-after relationship that even a Hollywood producer would love. With authority, eloquence, and an easy-to-read style, Lipton covers the influence of quantum physics (good vibrations), biochemistry (love potions), and psychology (the conscious and subconscious minds) in creating and sustaining juicy loving relationships. He also asserts that if we use the 50 trillion cells that live harmoniously in every healthy human body as a model, we can create not just honeymoon relationships for couples but also a "super organism" called humanity that can heal our planet.

The Way of the Actor

Tarot cards have long been a fascination for those interested in spiritual experimentation, and a horror for many churchgoers. But where do the mysterious images on the Tarot cards come from? This book reveals that many of the Tarot symbols have their roots in what is perhaps the most unlikely

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place--the Bible. The authors go on to explore the links with religious phenomenology, folklore, Jungian analysis, and archetypes from the world of literary fantasy. They demonstrate how the symbols are expressions of the spiritual needs of people of all times and all places, and they investigate the swell of interest in the Tarot, particularly within the New Age movement.

Dark Night of the Soul

The only thing that frightens shapeshifter Selene Rhodes more than the full moon is the idea of falling in love. Selene Rhodes has lived her whole life with a terrible secret: not only can she take the form of any animal at will, but once a month the full moon transforms her into a fierce wolf-creature without a human conscience. Managing her condition means living by a strict routine, and more importantly, abstaining from intimate relationships with human beings. Selene is convinced that love and friendship can only bring her pain. Forensic pathologist Eve Thomas is well-acquainted with the pain of romantic love. Swearing off relationships after having her heart broken by a cheating ex, Eve throws herself into her work: catching murderers. When Selene comes to her aid after an attack by a masked man in Golden Gate Park, Eve is shocked by how powerfully

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she is drawn to her mysterious savior. Shaken by her own feelings for Eve, Selene is even more terrified to realize she isn't even close to being the scariest monster stalking San Francisco. There is someone out in the city who is killing for pleasure, and his next target is the one woman he thinks might be able to stop him: Eve.

Saint John of the Cross

For thousands of years, in traditional societies around the world, actors were seen as the guardians of intuitive wisdom, and the way of the actor was a path to knowledge and power. Brian Bates believes that this is still the case today--that actors and actresses fulfill an important function in our culture as modern-day seers and shamans. He portrays the actor as a creator of visions who transports spectators out of their habitual ways of being and leads them on a journey of self-discovery. Personal magnetism and charisma, intense body awareness, and psychic sensitivity are among the special powers that contribute to the actor's mystique. Citing the observations and experiences of more than thirty famous performers--including Meryl Streep, Marlon Brando, Glenda Jackson, Liv Ullmann, Jack Nicholson, and Shirley MacLaine--the author also draws on extensive research in science, psychology, parapsychology, and Eastern and

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Western mysticism to explore the significance of the dramatic art. He not only shows how the magical world of stage and screen mirrors our lives, but also reveals how actors and actresses point the way to self-transformation for everyone. For, as he writes, "the way of the actor is not an esoteric discipline divorced from everyday life. It is everyday life, heightened and lived to the full, with an awareness of powers beyond understanding."

Teresa of Avila

Weaving myth and travel narrative into a record of the spiritual journey, the author celebrates the fierce compassion of goddess archetypes and explores their influence and incarnation in the heroines of modern times

The Twelve Wild Swans

What happens when a former Zen Buddhist monk and his feminist wife experience an apparition of the Virgin Mary? Weaving together their own remarkable story of how they came to the rosary, the authors reveal an ancestral path--available to everyone, religious or not--that returns readers to the powerful healing rhythms of the natural world. ral world.

The Way of the Rose

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Incorporating the most ancient symbol of spirituality--the circle of stones--the tenth anniversary edition of this classic bestseller for women seeking their sacred connections weaves stories, dreams, and visions of women to lead each reader into a personal yet archetypal journey.

Our Lady of Guadalupe

"In this wise and deeply nuanced book, beloved spiritual guide Meghan Don masterfully walks us through the light and the darkness of the Holy into the arms of the Divine Feminine where we are emboldened to step up as a force of healing and hope in the world."—Mirabai Starr, author of *God of Love: A Guide to the Heart of Judaism, Christianity & Islam Achieve Spiritual Evolution through True Empowerment of Your Feminine Soul*

Experience an evolutionary journey with this guide to embracing the light and dark of the archetypal stages of womanhood. Bringing forward Gnostic and mystical teachings, Meghan Don shows you how to work with the seven faces of the Divine Feminine: the light and dark aspects of the Daughter, Mother, and Crone, as well as the enlightened being of one's true nature. Using reflections, prayers, meditations, and ancient chants, *The New Divine Feminine* helps you heal your spirit, find liberation, and trust your inner soul voice and vision. No matter your

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spiritual beliefs, you can access each divine face and gain empowerment from this guide's exploration of powerful, sacred women, including Mary Magdalene, Lilith, the Black Madonna, and Teresa of Avila. Praise: "This may well be the best book written on the Divine Feminine. It is not only a book 'about' spiritual evolution, it is immediate, inwardly felt. These alive words awaken truths already present but covered over for centuries This is a book of waking up, of becoming our nature. A book everyone should read!"—Robert Sardello, PhD, author of *Silence: The Mystery of Wholeness*

Saint Teresa of Avila

In the Heart of Life

The long-awaited continuation of the bestselling classic *The Spiral Dance*

Imperfect Spirituality

On the day her first book came out—a new translation of *Dark Night of the Soul* by Saint John of the Cross—Mirabai Starr's daughter, Jenny, was killed in a car accident. "My spiritual life began the day my daughter died," writes Mirabai. Even with decades of spiritual practice and a deep immersion in the greatest mystical texts, she

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found herself utterly unprepared for "my most powerful catalyst for transformation, my fiercest and most compassionate teacher." With *Caravan of No Despair*, Mirabai shares an irreverent, uplifting, and intimate memoir of her extraordinary life journey. Through the many twists and turns of her life—including a tangled relationship with a charlatan-guru, her unexpected connection with the great Christian mystics, and the loss of her daughter—Mirabai finds the courage to remain open and defenseless before the mystery of the divine. "Tragedy and trauma are not guarantees for a transformational spiritual experience," writes Mirabai Starr, "but they are opportunities. They are invitations to sit in the fire and allow it to transfigure us."

Mother of God Similar to Fire

God of Love is Mirabai Starr's passionate and personal exploration of the interconnected wisdom of the three Abrahamic faiths. She shares an overview of essential teachings, stories of saints and spiritual masters, prophetic calls for peace and justice, and for the first time in print, deeply engaging narratives from her own spiritual experiences. She guides readers to recognize the teachings and practices that unify rather than divide the three religions, and sheds light on the interspiritual perspective,

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